

October, 1926

Twenty Cents

BIRTH CONTROL REVIEW

A Conscious Control of the Birth Rate

Police Renew Persecution

Sterilization

A Western Tour

THE AMERICAN BIRTH CONTROL LEAGUE, INC

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Some Reasons for Birth Control—



THE POPULATION PROBLEM

❑ The population of the world is 1,700,000,000 and it is tending to double itself every sixty-five years. The total number the earth can feed is about 5,000,000,000.

*Adjustment of **population** to the means of **subsistence** is a fundamental requirement for **social** and **economic** progress and world peace.*

BIOLOGICAL

❑ The unfit are increasing rapidly and their care and the protection of the public from them are costing the states one-third of their income.

*The outlook for **civilization** is bad if it continues to breed from **its worst** stock.*

MEDICAL

❑ Over 20,000 women die in childbirth in the United States each year. These deaths are largely due to physical weaknesses which existed before maternity was undertaken.

*Women **who** are not **physically** fit for **maternity** should have means to protect themselves placed at **their disposal**.*

ECONOMIC AND CHILD WELFARE

❑ Statistics **show** that the average cost to the **individual** and to society of bringing a child into the world is three hundred dollars, and that each child, when born, costs the **breadwinner** one-tenth of his income to support. Large families where the **breadwinner** earns little, mean overcrowded tenements, insufficient clothes, undernourishment and no chance for healthy and normal development.

***Prevention** and not cure should be the slogan of **child** welfare and **social** welfare programs.*

VOLUNTARY MOTHERHOOD

❑ Motherhood is a beautiful and noble **undertaking**, which should not be left to chance. It should always be undertaken with due regard to the mother's health, the health of children already born, the financial prospects, and the promise of a successful and happy life.

*This is the basis of the Birth Control movement: a voluntary and **intelligent** motherhood instead of one that is **accidental** and **promiscuous** regardless of **circumstances** or **consequences**.*

❧ This page is a digest of the pamphlet "Some Reasons for the Popularity of the Birth Control Movement," by Dr. James F. Cooper, Medical Director of the Clinical Research Department of the American Birth Control League. It can be obtained of the League, at 104 Fifth Avenue, New York City. ❧

BIRTH CONTROL REVIEW

Four Steps to Our Goal — Agitation, Education, Organization, Legislation

VOL X

OCTOBER, 1926

No 10

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EDITORIAL

THE persistence of police persecution would be absurd, if it were not **annoying** and **expensive** of **time**, money, nerves and effort. On August 26th **Kitty Marion** was again arrested for **selling** the **BIRTH CONTROL REVIEW** on New York streets. It will be remembered that last December **Nathaniel Freier** was haled to court for the same cause, the charge being obstructing traffic. Mr **Freier's** case was **dismissed summarily** for lack of **evidence**, but, unabashed by this fiasco, **eight** months later the police arrested **Miss Marion** on a double charge of "obstructing the **sidewalk while selling** magazines in **violation** of Chapter 23, **Section 140**" of the city ordinances. On page 306 is given the substance of the **trial** on August 28th. It is a commentary on our **municipal** police system that officers can again and again take people to court on charges which the **magistrate**, in effect, **dismisses** as **ridiculous**. Such an arrest is **simply persecution** by **irresponsible persons** who do no **credit** to the **uniform** of policemen.



ALMOST the most important news that comes to us from abroad is to be found in M. Hardy's notes on progress in France. We know that **contraceptive** methods, long **known** in France are **still in spite** of church and state, used by the classes to **which they** are the greatest blessing. But M. Hardy follows currently what is hard to get as "news", the **persecution** of **individuals** under the recent **Anti-Malthusian** law and the subtle **social** changes **which** are causing a **minority** to openly **criticize** those laws, and the government **instigated** "**surpeupleur**" policy which is for the first time threatening France with a cheap life, cheap labor problem.

The **Italian** migration into France has brought the **Italian** problem of numbers to her **attention**. So too has the **Italian** demand for **Corsica** and other French possessions. **Beginning** under **patriotic** guise at Fiume, under **Mussolini** all sentiment has been dropped in **justification** of **Italian aggressions** on other countries. Germany and the **United States** have refused the overflow of labor, while **Australia**, according to a **representative** at the World's **Migration Congress** in London, wants no more of the south **Italian** colonists who have **already** threatened **Australian** labor standards and rates of pay. So new colonies, never since Roman days a part of **united Italy** and long held by France, are demanded and the **vigorous** work of **building** up her army for the next great world war is **going on**. The **eight-hour** day for helpless **Italian** labor is swept away and the "rabbit warrenist" policy of the government, hitherto only unofficially announced is made **official** by the **appointment** of an **anti-Birth Control Commission**. The task of **this** commission, which is under the **chairmanship** of Dr. Pestalozza, a **gynaecologist**, as defined by the **originating** motion, is "To devise and propound **administrative** and **repressive** means against the numerous dangers deriving from **pseudo-scientific** and **empyric neo-Malthusian** propaganda."

The statement goes on to say **that** there has been an increased use of **contraceptives** since **Italian** laborers have been going **into** France.



WE feature in this number Dr. Percy Clark's trip through the west in behalf of **Birth Control**, **which** in the interest he has aroused has been a **triumphal** progress. We give on other pages part of **his** radio talk, **his** very readable story of the early part of **his** trip and the news of **his** more recent

lectures Dr Clark has made this trip a **contribution** to the Birth Control movement. He has given time, energy and enthusiasm which cannot fail to have results in the west. The League and all those who are interested in the Birth Control movement owe Dr Clark, and Mr Raymond Arnold of San Francisco, whose preliminary work went far to make the trip a success, a deep debt of **gratitude**.



THE British public was shocked at the statement Dr Godfrey Carter made at a recent meeting of the **British Medical Association** to the effect that "large numbers of babies were **criminally** interfered with at or before **their birth** because **their advent** was not desired." Dr Carter, who is lecturer in **Forensic Medicine** at **Sheffield University**, pointed out that **this practice** was possible because of the lax **definition** of live birth under **English law**, which made it no **crime** to kill a full-time healthy **child** in the act of **being born**. This is only one of the many crude and brutal results of Ignorance of **Birth Control**. It is in **ethics** if not in **law** **infanticide**, which, legal under a **technicality** in England, illegal in other countries, still exists. It is elder brother to the use of **criminal abortion** prevalent in all countries where the progress of **scientific contraception** is backward, and **notoriously** prevalent in this country where the **teaching** of Birth Control is **forbidden by law**.

Another result of ignorance of Birth Control was spoken of by **Miss Piqui Norton** in an **article** in the **BIRTH CONTROL REVIEW**. It is illustrated also by the group of letters in this month's **REVIEW**. It is a strange mad **civilization** which in the name of sacred and profane law has **driven this** group of normal healthy parents to resort to so **drastic** a measure as **sterilization**, to deprive themselves, because they are not allowed to regulate the **coming** of **children** to **suit their** means and health, of the power of ever having children. The **killing** of the **child** before, or at **birth** and the **destruction** of the power to procreate or conceive—these unnatural measures are inevitable and will **persist** as long as desperate and overburdened parents are forbidden to have access to the means of **Birth Control**.



AS IF to round out scientific evidence on the most vital of world problems one of the most impressive of scientific bodies, the **British Association** for the Advancement of Science, has sounded

the alarm on overpopulation and the food supply. The substance of the address of **Sir Daniel Hall**, president of the **agricultural section** of the **British Association** is given on another page. The comment of American **scientists** in the field of **chemistry**, then in session at **Wilhamstown, Mass.**, is no less **interesting**, since on chemistry largely depends the future of the food supply. Dr **Harrison Howe**, of the **American Chemical Society**, does not **believe** that **famine** is **approaching** as rapidly as **Sir Daniel's** address would seem to suggest. But he does **believe** that a shortage is near enough to threaten **prevailing** standards of **living**, and he recommends **saving** and the use of **simpler** foods. Mr **John E. Teeple**, another chemist, does not second the **motion** to lower our standards. Nor is he **afraid** of world starvation, for, says he, "long before the **saturation** point is reached all danger will have been **obviated** by the application of Birth Control."



O" another page will be found the announcement of the new annual **contributing** memberships of the **American Birth Control League**. Up to now our members, **joining for life** for the **nominal** sum of one dollar, have given the League moral support alone. Our **financial** support has come from **irregular** voluntary **contributions**. The **life membership** has not been abandoned, but by the annual **membership** it is hoped to supplement moral support by a source of regular **income**. Readers who believe in our work are urged to become annual **contributing** members, to urge others to join on **this basis**, and to help support and extend the education for Birth Control to the full extent of **their ability**.



WE wish to remind members of the League and readers of the **REVIEW** of the two **exhibits** at which we have booths in September, and to urge them to **visit** if they are in New York or Philadelphia during that month. The booth at the **Sesqui-centennial** has been in operation ever since the exposition opened. The **Women's Activities Exhibit**, at which the League is also represented, will be held at the **Hotel Astor**, New York City, **September 28th-October 1st**.

The Function of Sterilization

Part of an address *delivered* by Margaret *Sanger* before the Institute of Eugenics at Vassar College
August 5th

THE question of race betterment is one of immediate concern, and I am glad to say that the United States Government has already taken certain steps to control the quality of our population through the drastic immigration laws

There is a quota restriction by which only so many people from each country are allowed to enter our shores each month. It is the latest method adopted by our government to solve the population problem. Most people are convinced that this policy is right, and agree that we should slow down on the number as well as the kind of immigrants coming here.

BUT while we close our gates to the so-called "undesirables" from other countries, we make no attempt to discourage or cut down the rapid multiplication of the unfit and undesirable at home.

In fact through our archaic and inhuman laws against Birth Control information the breeding of defectives and insane becomes a necessity.

These types are being multiplied with break-neck rapidity and increasing far out of proportion to the normal and intelligent classes. In 1923 over nine billions of dollars were spent on state and federal charities for the care and maintenance and perpetuation of these undesirables. Year by year their numbers are mounting. Year by year their cost is increasing. Huge sums—yes, vast fortunes—are expended on these, while the normal parents and their children are compelled to shift for themselves and compete with each other.

THE American public is taxed, heavily taxed, to maintain an increasing race of morons, which threatens the very foundations of our civilization.

Over one-quarter of the total income of the state of New York is spent on the maintenance of asylums, prisons, and other institutions for the care of the defective and diseased. It must not be assumed that all the undesirable breeders are segregated in institutions. There is only a very small proportion of the feeble-minded given over to institutions, the vast majority are living their lives among us, propagating their kind and providing abundant opportunity for the continuation of charities and

various pauperizing institutions for generations to come.

When we view the political situation and realize that a moron's vote is as good as an intelligent, educated, thinking citizen, we may well pause and ask ourselves: "Is America really safe for democracy?"

IN England a few weeks ago the House of Lords passed a resolution sanctioning the giving of contraceptive instruction in all the maternity centers supported by the government.

It now remains for the United States government to set a sensible example to the world by offering a bonus or a yearly pension to all obviously unfit parents who allow themselves to be sterilized by harmless and scientific means. In this way the moron and the diseased would have no posterity to inherit their unhappy condition. The number of the feeble-minded would decrease and a heavy burden would be lifted from the shoulders of the fit.

Such a bonus would be a wise and profitable investment for the nation. It would be the salvation of American civilization. It would enable thousands of parents to get a firm footing on the path of life and enable them to give some care to those children they have already borne.

IT would mean facing our debts today, here and now, instead of passing them on and piling them up for future generations to pay.

Our statistics tell us that the birth rate of the college men and women is lower than it should be. This applies to all the professional classes, doctors, clergymen, lawyers and skilled workers. There are some who deplore this condition and would remedy it by abusive epithets hurled at this conscientious group of decent and responsible citizens, who would rather have only the number of children they can decently rear, than to enter a cradle competition with the less responsible.

There is only one reply to a request for a higher birth rate among the intelligent, and that is to ask the government to first take off the burdens of the insane and feeble-minded from your backs. Sterilization for these is the remedy.

Sowing the Seed in the West

By PERCY CLARK, PH D

WHEN we started out on this automobile lecture tour, it seemed to me as though it was going to the ends of the earth. The "we" of this story is my wife and two children, the latter seven and four years old. One of my friends said just before we started that he admired my nerve but he didn't think much of my judgment.

At the first place that I was to speak on the subject of **Birth Control**, which the trip was all about, one of the men said to me, when he saw my two children. "You are not practising what you preach." I hastened to point out that I was practising precisely what I preached, that I had two children, which was the number I could best take care of, and that we have had them two and a half years apart, according to a pre-arranged schedule.

This first place in which I spoke at was **Indio, California**, well down in the southern end. The valley, of which **Indio** is the center, is the only place in the **United States** where they have a season long enough for dates to mature. Being passionately fond of dates, I would move to **Indio** if it weren't for the heat.

Asiatics for Birth Control

Some people believe that the **Chinese** and **Japanese** want an unlimited number of children. A doctor in this valley, where there are large numbers of the **Yellow Race** engaged in agricultural work, told me that there was never a week went by that there weren't at least two or three **Chinese** or **Japanese** in his office saying "Doctor, I already have six children, I can't feed any more. Tell me something to do, so that I won't have any more." What we need to avoid the so-called "yellow peril" is some real missionary work that will put into the hands of these people the power to so order their own lives that the number of children they have may be adequately cared for.

I spent three days in the **San Joaquin Valley**, speaking in **Bakersfield**, **Selma**, **Delano**, **Wasco** and **Taft**. I thought it was hot in **Indio**, but they were having a cool spell there. It was only 105 or 106! In the **San Joaquin Valley** it was 110 in the shade—and no shade! It was so hot up there that you could fry eggs on the sidewalk by moonlight. (Page Baron Munchausen)

I told the story there which was in a **BIRTH CONTROL REVIEW** article a year or two ago, about the young woman already the mother of three children in four years of married life who "thought

she would simply scream if her husband touched her." One of the men came up to me afterwards and said that he knew his wife felt exactly that way, they had four children and could not adequately provide for more. He, himself, could see how attempting to have an unnatural married life would certainly lead to the divorce court.

A Physician's Evidence

In another town where I spoke, a doctor stood up after the talk and said that he certainly wanted to endorse everything I had said about the strained relations caused by the continual fear of more children than the mother could take care of or the father adequately support, and he clinched his statements with this remark: "You men may try to laugh this off, because you are really afraid to face it, but I am a doctor in this community and I want to tell you right here and now that the situation described by the speaker exists in at least half of your own cases, in a more or less aggravated form."

We went on up the coast to **San Francisco** where **Ray Arnold**, an ardent supporter and advocate of **Birth Control**, had arranged a most complete schedule. Ray frankly admits that if he is a fanatic about anything he is a fanatic about **Birth Control** because he knows how desperately it is needed. He had done what I thought was impossible—arranged a public debate with a Catholic priest. I take it as a sign of the times and a distinct mark of progress, that the Church is willing to discuss so vital a question. Certainly, open discussion is the only possible opportunity which we may have of ultimately arriving at the truth.

Biological Waste

Everywhere I have heard stories by the score which make me more and more ardently a supporter and advocate of **Birth Control**. The misery, unhappiness, and suffering caused by the lack of adequate **Birth Control** information is appalling. One young man, not over 30, said his wife had had two children, 4 abortions, and 5 miscarriages!

On the food side of it alone, take a trip by automobile across the **United States** and from **North Platte, Nebraska**, west, until within a few miles of the **Pacific Coast**, you travel across a seemingly endless desert, broken only occasionally by valleys

where **irrigation is possible** How many of you **realize** that **possibly** not more than two per cent, certainly not as much as ten per cent, of the **entire** state of Nevada can ever be used for human support There **is** not the water for any more, and land **without** water **is** utterly useless for the purpose of **growing** food

The strangest argument **against** Blrth Control **which** I heard came in **this connection** A man, **professing** to quote from a **pamphlet** put out by the **Catholic Church** **claimed** that no land shortage was at all **imminent**—that the ocean was **drying** up by **evaporation** and **disclosing** land at the rate of **100,000,000** acres per year! Some grammar school child should teach him **physics**

Blrth Control **is** as **inevitable** as the **tides**, and I **believe** that those now opposed to it **will** in the

near future find **their** efforts as **futile** in attempting to stem **this tide** as King Canute found his efforts **futile** when he tried to stem the **tides** of the ocean **Five** years ago, when I first began **actively** to take part in the Blrth Control movement, Blrth Control was on the **defensive**, it seemed to me It was fighting for its **existence** Today, Blrth Control **is** on the offensive and the forces opposed to Birth Control are fighting a rear guard action as **they** retreat **into oblivion**, and every month from now on **will** see that retreat hastened

The great **thing** needed **is** the constant support and **co-operation** of those earnestly **backing** the movement The one great thing needed **is**—**education, education and more education**, and for **this** purpose funds must be **provided** If they are **provided**, **Birth Control is inevitable!**



The Synagogue and Birth Control

By STEPHEN S WISE

I AM here just to bear my personal **testimony** **with** respect to the problem that you are **considering** I say "that you are **considering**" because I really think that I would be very much more **interested in** the problem of **Birth Control** **if** there were fewer of you to fight for it I was a **Birth Controller**, before most of you, I **think**, speaking as much as ten or fifteen years ago from my **pulpit**, and **inviting** a really great man, in **his** day, **Dr** Abraham Jacoby, to **give** what proved to be a memorable address I couldn't **inveigle** or seduce **Dr** Jacoby into **speaking** on **religion** from my **pulpit**, until one day I **said** to him "Now **Dr** Jacoby, won't you speak on **Birth Control**?" "Oh," he **said**, "**if** I may speak on **Birth Control** from the **pulpit** of a place of **worship**, then I am ready to come" And he **did** come and he made that memorable address

I **said** that I would be more interested in **your** problem—in **our** **problem**—**if** Blrth Control were a little more unpopular than **it is** I am **afraid** that your cause **is** **growing** too popular, and that there **is** no more fighting to be done, or in any event very

little of it But that **will** be very good after all, for **it is** after the first **fighting** has been done, that men and women settle down to a **wiser understanding** and **presentation** of the problem or problems **which** they face

I am asked to say a word about the **attitude** of the Synagogue—the Synagogue as a **religious** and **ethical** force—toward the problem of Blrth Control The other day a rather orthodox Jew, **said** to me **with** horror, real or assumed, "**Dr** **Wise**, you are not **going** to speak at a Blrth Control **meeting**?" I **said** "I am, unless the **invitation is rescinded** in the **meantime**" "Well, don't you know, **Dr** **Wise**, that **Birth Control** runs counter to the teachings of **Israel**?" Well, there was only one answer to be made I **reminded** **this** orthodox Jew that there was a **time** when, for example, polygamy was not only lawful, but, **judging** from the number of those who **practiced** it, it seemed to be a quite admirable affair, and I am sorry to make the **admission** that polygamy has not yet been wholly **banished** from **Jewish** life There was a decree **against** polygamy in the **Jewish** church at a great council known as the council of **Rabbi** Garshen, **which** banned polygamy forever from the western world In other words, Western Jews were **denied** the penalties of **poly-**

*Address before the **Sixth International Neo-Malthusian** and Birth Control Conference **Dr** Wm H Garth to whom reference is made was **chairman** of the **Ethical Session**

gamy, but the Jews in the East were suffered to rest under them

As to Abraham

"Well," I said, "Abraham and some others among my fathers were polygamists, and still that great decree of a rabbinical council banned polygamy, because it came to be seen that polygamy was incompatible with the acceptance of the religion of Israel which alone was possible in the later time." There is nothing in the Jewish church to sanction Birth Control. I will go as far as to admit that. There are no express or affirmative teachings with regard to the practices of Birth Control and I don't pretend that there are. I rest my case on other grounds altogether. I rest my case, as a Jew and as a Jewish teacher, in giving my support to Birth Control, the doctrine and the practice alike, upon my faith as a Jew and a Jewish teacher that the life of the child is a sacred thing, and that we ought to hold life so sacred as to be unwilling to have life come into the world, unless we can surround it with those circumstances and conditions that make a full, complete, holy life possible. Now, on that simple statement of my faith as a Jew, I rest my own case, as a Jewish teacher, for Birth Control.

The Sin of Poverty

You know that there is a great deal of misunderstanding, even by teachers of religion, with regard to the things that are commended or condemned by the Bible. For example, there will never be a time when the Chambers of Minneapolis and Salt Lake City will not insist that poverty can never be abolished from the world, because Jesus said, "The poor ye have with you always." Well, there are two things to be said about that, either that Jesus was vastly and tragically mistaken, or (and this is my own hypothesis) that Jesus was stating a lamentable fact, rather than indulging in a glorious prophecy. Jesus was too great and perfect a humanitarian to assent to the notion that poverty was inextinguishable, that it was indestructible. He looked around him and he saw that poverty was—that poverty is—"The poor ye have with you always." Had Jesus been asked, "Must this always be so? Will the poor always be suffered to perish from the earth?" if I understand the mind of Jesus, he would have said, he must have said, something such as this: "No, the day will come when in obedience to the will of God, you will find a way of ending the sin of poverty in the world."

In our Jewish faith, or rather among the members of the household of Israel, I think it is true from one point of view that there has been a less

critical and urgent need for the acceptance of the teaching of Birth Control than among some other groups. I am not prepared to say that a child born a Jew is more viable, more nearly viable, than a child born to non-Jews, but it is true that Jewish mothers, and only mothers (the only parents children have) did what they could, perhaps in some more effective way than any other group of mothers that I know, to insure the advantage of that viability which is the endowment of a child. Of course you know what the figures are with respect to the death rate among children in two squares in the East End of London. The death rate among the children of the poor, the Jewish poor in London, is distinctly and quite indubitably lower than the death rate among non-Jewish children, very largely because, whether Jewish mothers are members of Birth Control societies or not, they have some understanding of the significance, of the supreme significance of it, and again because I think that Jewish parents, among the poor and only the poor, perhaps the lower middle class, as some of you English folks say, give themselves utterly to the physical, mental and spiritual well-being of their children.

A Main Item in a Eugenic Program

The one thing that I mean to say this afternoon, I can say in just one word. I believe in the teachings and I believe in the practice of Birth Control. I am not a fanatical believer—that the Messianic reign will dawn when Birth Control is universally accepted. I ought to make that reservation, (I am saying, of course, the things that I believe, not that you believe) because, frankly, I think of Birth Control as an item, an important item, but just an item in the eugenic program. I think it is supremely important as an item in the eugenic program, and the eugenic program is not Messianic. It again is an item, a very important item in a still larger program, and that larger program for me means this: The translation of the ideals of human justice and human decency and human brotherliness in the life of the world. That is all. But without a eugenic program we shall not have the beginning, let alone the end of the realization of the social programs of which we are dreaming, and Birth Control, I repeat, is the fundamental, primary element or item in the eugenic program.

I am a luckier man than Dr. Garth. He may receive an epistle tomorrow morning. Just at present it isn't Jews who write epistles as in the days of the New Testament, it is Christians of high station in our midst. It is easy for me to say what I believe. It is a little harder for men in some

(Continued on page 322)

Birth Control on the Air

PART I

Below we give the *first* part of *Dr* Percy Clark's radio address at Oakland, *California*. Father A R *Bandini* followed *Dr* Clark *with* a statement of the Catholic *position*. Inserted in the columns are a few of the letters *received* by Station KTAB at the Tenth Avenue Baptist Church of Oakland, where the talks were given

BIRTH CONTROL is absolutely essential for the very preservation of our present day civilization. Those things which we in America hold most dear, our high standard of living, the good food we have to eat, the clothes we have to wear, the houses in which we live, and the cars in which we ride and the radios which we so much enjoy are all a part of it. As our population continues to increase, more and more of these things will have to be sacrificed.

The American Birth Control League, 104 Fifth Avenue, New York City, which I represent in my trip through coast cities, means by Birth Control the prevention of conception. This is very different from abortion. We are bitterly opposed to that as a very definite and dangerous evil. Reliable estimates place the number of women who die each year from this cause at not less than 10,000. In the vast majority of cases these women are already the mothers of several children, and it is one of our great social evils that these children should thus needlessly be robbed of a mother's love and protection and guidance. A San Francisco surgeon told me the other day that half his practice consists of necessary operations on women whose lives have been ruined by such illegal operations. He must try to give them some semblance or shadow of health through the means of the surgeon's knife. Illegal abortion is murder and is utterly to be condemned. Contraception prevents the very situations which lead to such illegal operations and so improves our society.

SOME people believe modern Birth Control methods to be wrong on the ground that they are unnatural. But consider this fact—all our modern civilization is built up on a series of so-called unnatural conditions, living in houses, eating cooked food, wearing clothes.

Those who insist that Birth Control is unnatural go on to say that since it is against nature it is therefore against God. To prove this, they quote from the Bible such commands as "Be fruitful and multiply, and replenish the earth." The first time

this was given it was to two people, Adam and Eve, the second time it was to eight people, Noah and his family. Now there are one billion eight hundred million people on the earth and I wonder how long an emergency mandate is to be considered in full force.

We have now arrived at that period where it is necessary to abandon a blind adherence to another outworn phrase, "Be fruitful and multiply."

JESUS said, "The Sabbath is made for man, not man for the Sabbath." I should go further and say that religion is made for man, not man for religion, and so-called religious objections to Birth Control are invalid. If Birth Control will promote the highest well-being of each individual and make for more happiness, religious support should be given to it in full measure.

Birth Control will make possible the highest type of unselfishness. It is supremely selfish to bring into the world more children than can be fed, or clothed, or housed, or educated. To let our natural, strong parental instinct so run beyond what is reasonable is a stark injustice to the helpless babies made to suffer for a fault not their own.

Birth Control will promote a higher type of morality. It will free our young people from the imputation that they are good only because they are afraid to be bad. To say that young men and young women would rush into an orgy of lust, if such information is available, is to grossly slander our youth of today. I don't believe it. Real morality is something finer than that—a thing of the

Station KTAB, Calif

Gentlemen

Thanks for the "Birth Control" debate. Let's have more debates on timely questions. I like "controversial" numbers when both sides are so ably presented. In this case the facts were all on the side of the affirmative, though the negative speaker made as good an argument as possible with so little to work upon.

M SCHICK

spirit, a thing of the innate man, a thing of character. And if it were true, the fault would be not with them, but with us, because with all our vaunted systems of education we could not instill into them higher ideals and loftier purpose.

FURTHERMORE, the very people who decry

Birth Control as making for immorality in one breath, ordinarily take another and with it insist that Birth Control methods are now commonly known. Those that are thus commonly known are for the most part ineffective or injurious to health.

Furthermore, our doctors, lawyers, teachers, preachers, scientists, statesmen, legislators, are

Station KTAB, Oakland

Gentlemen

We receive your programs with constant pleasure and interest on our radio. Tuesday evening we listened with great interest to the discussion on "Birth Control" by Prof. Clark and Father Bandini.

I am a young married man with three small children and my sentiments are fully in accord with the arguments of Prof. Clark for Birth Control. I respect Father Bandini for his sincerity but I would like you to advise him of the votes of my wife and myself against his mode of the case.

Our children are excellent physical specimens of young Americans, and have always been healthy and reasonably easy to care for, but we find their number sufficient and will not deliberately add to their number. First because on a limited salary we do not feel that we can afford to do so. Second, because the maintenance of the good health of the mother will have an important bearing on the well-being and happiness of the other four members of the family.

Ignorance of Birth Control resulted in the arrival of our first baby during the first year of our marriage—much sooner than we were in position to welcome it economically. The result has been a decided slowing up in my chances for advancement and saving, which will take years of effort to overcome.

I honestly feel that anti-Birth Control advocates are governed in their reasoning by out of date and false theories based originally on various forms of superstition. My children are all going to be taught the full issue as soon as they will need the information and they will get the clean facts direct from their parents.

Sincerely yours,

A J WORCOTT

practicing limitation of families. But the less informed, unable to get adequate information, continue to produce large families which in turn cannot be properly nourished, trained, taught moral control. These families cost the state millions of dollars, besides being responsible for many murders and other crimes.

Population control is absolutely essential for the preservation of our civilization for economic, for political, and for social reasons, and modern methods of Birth Control offer the only feasible means of controlling our population.

OUR population has increased at a startling rate during the last century. The population of the entire world has doubled in the last 92 years. The increase in the white population has been even more startling. In 1750, only 175 years ago, there were less than 130 million white people in the world. Today there are 650 million whites,—five times as many.

Two or three years ago when Margaret Sanger, the great leader of the American Birth Control movement, made her tour of the world, the great Japanese daily paper, *Osaka Mainichi*, opposed her entrance into Japan. Today the same paper has become an advocate of Birth Control as it has been compelled by circumstances to realize that population control is necessary. If China, Japan, and India adopt our western civilization, they will have to adopt population control as an integral part of it and we need not fear them because ancient methods of war and industry cannot compete with modern methods.

THIS astounding increase in population must be stopped,—if we are to maintain our American standard of living which we all hold so dear.

We cannot have things unless we are able to make them. We cannot consume so much unless we produce that amount. We cannot eat something that is not produced, wear something that is not made. And from now on as our population increases we are going to produce less per capita, per worker, and as we produce less we shall have less to consume.

Those who oppose Birth Control delight in pointing to the fact that England produces on the average twice as much wheat per acre as our farmers do in the United States. But the really vital fact is that they produce half as much per man. The producers, the men are the ones that do the consuming, and it is the production per worker

that is important, not the **production per unit** of land

IT is true that we can feed a much larger **aggregate** population in the world and especially in this country,—but at a constantly lower and lower standard of living. **This one additional thing** should always be remembered. The great bulk of our western states will never be fit for human habitation. Nothing can ever be grown **there—there is** not water enough. Not more than 10 per cent of the state of Nevada, for instance, can ever be made to grow food for human consumption. There is not the water for any more. This country could support a far larger population, **ultimately**, if it had half its present land area, but had **twice** as much water in the form of **rainfall**, properly distributed.

Looking at the economic problem from another angle, population control by modern Birth Control is absolutely essential for the very preservation of our **industrial organization**. Our highly specialized method of machine and factory production is absolutely dependent upon fuel. Coal is the most **widely** used form of fuel today. Now please understand this fact—we are not going to run out of coal in any conceivable **period** of time. There **will** always be some coal in the ground, but it may be so costly in terms of human effort to extract it that it will not be done. England, for **instance**, has exhausted all of her best coal fields. She is dependent upon **relatively** fifth rate coal lands for her coal production. The result is **this**, a British coal **miner** working underground in the mine one day produces on the average $1\frac{1}{4}$ tons of coal. An American coal miner, still working in **relatively** **virgin** coal fields produces 5 tons of coal for each day's work, exactly four **times** as much. But the day is not far **distant** when an American coal miner will produce only what a British coal miner produces, not enough to keep **him** decently alive. Then it **will** be necessary for each one of us to give **him** part of what we produce, to subsidize him, and just in so far as that is necessary our average standard of **living** must fall.

THIS very pressure of the fuel problem is one of the great **political problems** of the present day. The mad scramble for political control of

California **Station** KTAB,
Oakland, Calif

Dear **Friends**

It was my good fortune to hear the **discussion** at your **station** last **night** concerning **Eugenics** and I agree with the **Affirmative** because of my own **observations** and **experiences**.

I believe that the wrong **interpretation** has been promulgated in the teaching that procreation is a **divine** law, and progressive.

The night of the **diseased**, the poverty **stricken**, the **vicious**, should not be **glorified**. A **single** person can be the head of many generations and **if** there be **diseases** **lurking** in the blood and **mind**, it might be **transmitted** in the **physical equipment** of the offspring. They might in turn become **victims** of **suffering**, **chastity**, or penal **servitude**.

We hear much talk of love and unity—but we are forever **erring** in many fundamentals **which** should **bring** joy, strength, **prestige** and comfort.

There is a great need at **this time** to **bring** about a **different understanding** of our **social** and **civic** laws. The glory of an act or belief **consists** of its favorable acceptance and **practice**, but it does not quahfy any **practice** to save us from **peril**.

We need not be ashamed, nor condemned, for **trying** to prevent the causes of human **deficiencies**—**neither** should we be honored in the act of **relieving** and enduring them through the ages for the sake of old, **misinterpreted** and **mistaken expression** of duty.

Yours very **truly**,

WESLEY R. RUBLE

countries still possessing rich **oil** lands is a **splendid** example of just this **situation**. This will be more and more **intensified** as time goes on, and **will** be a chief cause of future war.

A large and rapidly expanding population is one of the big causes of **political** difficulties. The British National **Birth Rate Commission** in its report to the government said:

"The pressure of population in any country **brings** as a chief historic consequence overflows and **migrations** not only for peaceful settlement, but for conquest and for the subjugation and exploitation of weaker peoples. **This** always remains a chief cause of international disputes."

(To be continued)

Warless? When her tens are thousands and her thousands
millions then—
All her harvests all too narrow—who can fancy warless
men?

—ALFRED, LORD TENNYSON

The People of New York vs. Kitty Marion

DOCKET No 7447 — August 26, 1926

AFTER the routine examination of Pohneman Stanley Polchinski, (Shield No 12328) by the court, J J Goldstein, attorney retained by the American Birth Control League for Miss Marion, cross-examined him. He elicited the statement that the arrest was made on the double charge of obstructing traffic and selling magazines without a permit, and that the officer faded to accede to Miss Marion's request that he enquire of the chief inspector as to whether a permit was required by law. This examination settled once and for all in open court the fact that no permit is required by law and vendors should not be arrested again on that charge.

The legality of street selling being settled, the court then called Miss Marion, on the question of obstructing the sidewalk. After the routine questions Mr Goldstein asked

Q Will you explain to the Judge how you came to be served with the summons, state what happened

A The night before last I was selling the BIRTH CONTROL REVIEW on the block between 43rd and 44th Street as I have been doing for the last nine years, and this officer came along. I just sold one paper when this officer came and he said, "You can't stand here selling this, have you got a permit?" I said, "There is no permit needed." I said, "Only the night before the last I had occasion to call up your headquarters on a similar complaint. Will you please call up your Chief Inspector Lahey and he will tell you I need no permit." He said, "You better come to the station house and find out there." I said, "Does this mean I am under arrest?" And he said yes, and we were held up by the traffic on 44th Street and I said, "What charge are you going to make?" He said, "Peddling without a license." I said, "No license is required but anyhow I would like to get this settled once

and for all" and at the station house I asked the officer at the desk would he call up Chief Inspector Lahey and make sure about this. This had been tried out in court time after time and he said, "We will try it out once more, we will get a ruling on this" and that was perfectly agreeable to me.

Q Was there anything said at 43rd or 44th Street about obstructing traffic?

A No. He said that afterward in the station house that I was obstructing traffic, that he saw me sell a paper and that there were five or six people standing around.

Q Traffic is always heavy at that hour on Broadway?

A Yes, they keep on moving.

Q You don't obstruct any more traffic than the police officer does?

A Absolutely no! I stand near a hydrant so that I don't obstruct the traffic any more than that hydrant.

Q Wasn't there another man selling newspapers there?

A Of course there was. I know the rules. I am not obstructing traffic. I am most careful not to. Not only that, but nobody ever stops to see what is happening unless the policeman stops and speaks to me, and then everybody seems to stop to see what is happening. But in this case, I walked away immediately with the policeman instead of arguing as I very often do, and I told them to get in touch with headquarters.

And so, while I am about it, is there any way to get protection against this police persecution? That is all it amounts to.

Ma GOLDSTEIN That is all

THE COURT I find the defendant Not Guilty
Discharged



"Here y'are, Mrs Housefly, latest copy"

Courtesy of Collier's Weekly

Population and the Food Supply

From the "London Times" is taken this digest of the address given by Sir Daniel Hall, President of the Agricultural Section, before the British Association for the Advancement of Science on Aug 9th

THE president said that **sociological** factors were coming into play, and almost bringing back the old problem of **Malthus**. The **capacity** of **agriculture** to provide food for the **growing** numbers of the people depended on the extent of land available, as well as on the pitch of **cultivation**. The question was how far could tuning-up methods **compensate** for a non-expanding acreage? After making a number of estimates, he concluded that, under the **existing conditions** of **agriculture** among western peoples, it required between two and $2\frac{1}{2}$ acres of cultivated land to supply the needs of one **unit** of **population** (one man, one woman, and one **child**). The expansion of the **white** peoples in the last century was unprecedented, but was **achieved** only because of the vast areas of unoccupied land, chiefly in the **Americas**, which suddenly had become available for cultivation. There was no similar **increase** of good land to be expected.

Economy in Diet

A **vegetarian** diet was more **economical** of the resources of the **soil**, meat and all **animal** products, like milk and eggs, were produced **with** an expenditure of energy which might be from seven to twenty **times** as high as the energy available from them. If the maximum of population supported by a **given** area of land were to be the **objective**, **vegetarianism** and a **cessation** from the use of alcohol would become necessary. Prophecy in such matters was **vain**, but he could not help feeling that the race (not **individuals**) which cut out meat and alcohol to multiply would be of the permanent slave type, **destined** to function like worker bees in the **ultimate** community.

With regard to the **intensification** of production, the **dominating** factor was the cost of labor, in the past, the cheaper way had been by **extending** the **cultivated** area. A **certain gain** might be achieved by the **introduction** of more heavily **cropping varieties**, but too much was not to be expected from the plant breeder. The present annual increment in the white population was about five **millions**, which would **necessitate** the **taking** into **cultivation** of 12 **million** acres of new land every year. No process of that **kind** was **going** on, indeed, in many crops the acreage was decreasing, and it was **notorious** that **economic conditions** in almost every European country were **reducing** the numbers of **agricultural** laborers.

Summing up **his view**, Sir Daniel Hall said: "If we are to continue to feed the **growing population** of the world on the present methods a continued expansion of the cultivated area **is required**, new land is called for year after year. I cannot see where **this** new land of the necessary

quality is to be found in **quantities** commensurate with the immediate demand. Doubtless the white races **will** insist on **maintaining** their **rising** standard of **living** and **will** apply deliberate checks to their fertility, a process we already see in action. But the **restriction** of increase will not take effect all at once, even under economic pressure, and the danger **lies in** the period preceding the comparative **stabilization**. As it cannot be supposed that the development of the **civilized** races can be allowed permanently to be checked by lack of food when food **is** obtainable, it follows that resort must be had to the **intensification** of production from the area already under **cultivation**. The means for that **intensification** are already in sight, more **will** be supplied with the advancement of **research**.

Intensification, however, is in the **main** attended by a **higher** cost of production, and movement in that **direction** is likely to be slow until it is stimulated by a **rise** of **prices**. Organization **will** have to be introduced **into** the **industry**, and it may be expected that **organization** will take one or other of three forms. The farmer may be left as the producing **unit**, but **his** methods will be **strictly** controlled and **standardized** by the great **selling corporations** that handle his produce, and these corporations may be either commercial ventures or **co-operative associations** of the farmers themselves. The co-operative venture appears to **imply** an even more **rigid discipline** of the individual than that **imposed** by the capitalist firm. Alternatively the capitalist may venture upon the **direct exploitation** of large areas of land and **industrialize farming** as he has **industrialized** other producing businesses.

Production and Prices

But **capital** will only be tempted back to **farming**, whether for the organization of the **business** or even to enable the **individual** to **take** advantage of the **possibilities** of **intensification**, if **prices** **rise** to a **definitely** remunerative level. I hope I have given reasons for **supposing** that they must **rise**, because the surge in population set up by the unprecedented **extension** of the cultivated area last century cannot all at once be checked, whereas the new land **still available** is either **inadequate** in amount or unsuited to cheap **production** by the old methods. Pressure is sooner or later **inevitable**, and one of the biggest problems before the world at present is to prevent the pressure **developing** suddenly or becoming unbearable. The **intensification** of production is the only remedy, and **again** the only means of **rendering intensification practicable** is the continued **pursuit** of **scientific** research.

AN ALTERNATIVE

Letters From Men and Women Who Are Forced to Make a Desperate Choice

Which is better for the race and w e humane for the individual to allow potential parents who are normal and able ot bring up a small healthy family to space their children according to the dictates of health and reason, or to forbid them this and force them to deprive themselves of the power to have any children at all?

A Little Delicate Person

Massachusetts

I am wnting to you for advice I am a little delicate person, 28 years old, have three children and had child-bed fever with my last one and I have had no health since I am just a nervous wreck and have a weak heart and am not able to bnng any more babies into the world I want to be sterilized and I want to know if it is dangerous and I want you to explain the operation to me in plain English and tell me who I could get to perform it for me I think you are the greatest mother the Nation has ever known and hope you have the power to go on with your great work until the end of time

To Sterilize a Healthy Man

Pennsylvania

I decided that I would be sterilized and have called on two different doctors here to get information as to where I can get this operation and cost, etc Now these doctors won't talk about this and each just seemed to want me to go home and forget about Birth Control My wife is "all in" from giving birth to six children and she has varicose veins which cause piles and she suffers ternble with them after each childbirth and with the last child she was in an awful misery from them for three months and has them yet at times Now our doctor in Canada does no good for these piles I am a steel worker and make fair money when the mills run, but can't keep the family I have now the way I would hke to I am away from home now since March 27th this spring and if I can't get sterilized I am away for good (5 days home in June) Now I thought that I would wnte you for information these doctors won't speak about sterilization If you know of any doctors in New York or Pittsburgh where I can get this operation done—and if there is any law against sterilization of a heatlhy man—cost of the operation, etc

Refuses Her Consent

Texas

I am 36 years of age, am the mother of 7 babies One came at 7 months, the other 3 had to be dehvered, the

fifth I carried 6 months dead, had to undergo an operation, then one came to time, hved And in March of this year had to be conveyed to sanitarium, lay on operation table 3 hours and 34 minutes and had seventh one delivered dead, it weighed 16 pounds, measured 23 inches Now the doctors will say you can't live over another one and I feel that way as I am suffering from Brights Disease and have tumor I just hve in constant dread of beconung pregnant again and sometimes I think I will go crazy I menstruate every 2 weeks and sometimes as long as 5 or 6 months at time I don't feel like I will ever be well again as I haven't been able to do any work since November I am on diet I have stated just part of my case to you and if there is any means of getting information to me please do send it and explain things Doctors say for me to have an incision made and cords tied to stop breeding but I can't stand that

Death or Sterilization?

Pennsylvania

I am a married woman 23 years of age Three years ago I was married and I now have a boy of 15 months I am not very strong and only weigh 100 lbs I am in constant fear of conception not only because I am not strong but because I am still living with my parents and find it hard to save a little money to buy a home, so I can scarcely afford to raise any more children My husband, who is very good to me, and I are very fond of children and wouldn't like to part with our little boy but we both realize we have our hands full at present to try to buy a home and give our baby the necessities of life on \$27 00 a week I am the oldest of 6 children My mother is a broken woman and a nervous wreck trying to keep a large family and doing all her duties Twice she had miscarriages because she was too weak to carry her children She is a great advocate of Birth Control but my father is not I am sorry he couldn't be a woman The worst part of my story I am about to tell you I beelve as you do Why don't doctors give you a preventive for conception when they say to have a child would be a calamity, it would mean death? I have a sister who last month reached her 19th birthday Since she was 9 years

old she has suffered from a bad heart contracted thru diphtheria. Four months ago she married **against** our wishes. We have had **specialists** for her and they all say she has a leaking heart and **it** cannot be cured. **Since** she married her heart has become worse and the doctors told her not to become pregnant or **it** would surely kill her. None have told her how to prevent this tho. Now we find that she is pregnant 2 months and **is getting** worse every day. Her doctor, a **specialist in obstetrics**, **is** at a loss what to do. He don't know whether to **commit abortion** or let her carry **it** as long as she can. He **said** he should operate her and her heart can't stand **it**, but he **thinks** she **will** have to go to bed and stay **until** the baby **is** born, or **until** he will have to take **it** from her on account of her heart, as he thinks she can only go 6 or 7 months at the most. Should she come all night he would remove those organs so she could not become pregnant any more. I suppose you can see how we feel. Can't you please help us out **in** some way and tell us how to overcome **this** trouble?

Cannot Bear the Thought

Pennsylvania

I have had 6 **children**, only 5 **living**. My oldest child would be 12 years old **if** she was **living**. She died at the age of 21 months. Now I have 2 girls and 3 boys, all two years apart, not so bad as some poor women that have one every year. Yet I am not strong and with my last baby the doctor wanted me to go thru an **operation** so I would not get any more **children**. I was ready to go when I was **in** bed **with** my baby but after I got up and around I saw I **just** couldn't make up my **mind** to go for I just love babies and the thought of not **having** any more, I just couldn't go. Yet I knew **in** my heart how I have to suffer to have a baby but oh, **if** I could just have a couple more years of rest. If you could only tell me what to do. I avoid **my** husband whenever I can, but any married woman understands a man. My **sister is** 39 years old and **single**. Often tells me let well enough alone. I am 32 years old and married 13 years now.

Seriously Considering

Utah

I have **read** all your books **which** are very **interesting** so I am **coming** to you **with** a very **important** question **hoping** you will be able to answer me as I am **pinning** all my **faith** on your answer. **This is my question**. I have 2 **children**, one 6 years, one 2½ years, both **girls**. Some way or other I got pregnant again **which** I do not want. My husband or I do not care for more **children** as two **is** all we can **take** care of **right**. When **it is** born **will it** harm me **if** I go through an **operation** at the time of **birth** or after so as to become **sterilized**. Now I am only 22 years old. My husband **is** 35 years old and he does not want me to suffer and ruin my health by **having** chil-

dren as I am **sickly** and nervous. My **physician is willing** to perform the **operation** but he **advises** me to **think** it over. He says I am too young and that after the operation I will have no sexual **desire** and that I **will** be lazy, also that I **will** become stupid and wouldn't care for **anything**. Now I **think if** I was **sterilized** I would be very happy and would have no cause for worry. My husband **is** also **willing** but I want to know the truth about **it** first. Please let me know what to do, also tell me what **is** to be done. Remember that all your **advice** and answer **will** be held in **strict** confidence and I **will** be ever grateful for any help you can **give** me along **this** line. I do not wish to give **birth** to another one **if** I can help **it**.

Couldn't I be Sterilized?

Iowa

I have been married 9 years and have 4 **children** all **very** healthy and whom I **worship**, and two **abortions** which I never **quite** got over. I have **tried** all of my **married** life to find a sure **preventive** but could never get nowhere. It seemed as tho I couldn't take a long breath without **becoming** pregnant **which** was **ruining** my health as well as my home because my husband never wanted a **family** and could never understand why I could not keep from **having** them, not **realizing** I was as **ignorant** of sex and my body when I married as my little 8 year old daughter **is** now. I thought at **times** I would lose my mind as I **worshipped** my husband and children both and **it** was maddening to have such a **discontent** **in** my home when all the time I was **eating** my heart out for **happiness**. I thought I knew a safe method of Birth Control but four months ago for some cruel reason I found myself pregnant again. When I tell you my home **is** **ruined** I put **it** **mildly**. My husband puts the blame entirely upon me and has **given** up all **interest in** **life** **caring** for **nothing**, **taking** no **interest in** the **children**, almost **ignoring** me and **staying** away from home a great deal. It is **driving** me crazy because I so wanted a happy home and to raise my **children** up **right** but how can I with such **prevailing** **conditions**. I do not tell you **this** to degrade my husband because he is a very good man and wants the **children** that he has to be well **provided** for, but I do it just to show you what a problem I have. What am I to do? I feel as tho now there **is** **nothing** that would be sure for me. I have thought very **seriously** lately and I am **willing** to be operated on so that I can't have any more because I refuse to **submit** to **abortion** any more and I **know if** I keep on **having** them it would be better that I should die. I don't want my ovaries taken but **if** that **is** the last resort I **will**. Couldn't I be **sterilized** and what is the process of the **operation**? Will you please **give** me your **opinion** as I must do **something** for the safety of the **family** I have and as I **said** before I have no one else in **this** **world** to go to. I haven't told you that my husband and I are both just 27 years old so you see we are so young yet.

Passing the Buck to Posterity

By VILHJALMUR STEFANSSON

PART II

NOW we come to a very special class of conscious or unconscious anti-Malthusians—the vegetarians

Most vegetarians practice their cult from sentiment or because they think that they improve their health by avoiding meat. Thus do emotionalism and food faddism play against Malthus, for the eating of meat is a wasteful practice.

If you feed corn to a hog or a steer or a dairy cow and then live on the resulting meat and milk, you are wasting anything from four-fifths to nine-tenths of the corn. There is similar waste when you feed to chickens anything which you and your family could have eaten direct. In the ultimate sense of balancing food production against population, eggs are a great luxury and so is butter.

In addition to whatever good the Theosophists and Dr. Kellogg may be otherwise doing, they are fighting valiantly, whether they consider it or not, to retard the march of world starvation.

THERE are to-day in the United States alone more than sixty million head of cattle. Assume, for argument's sake, that half these are in sections too dry for cereals. Even so, we have thirty million cattle living on land that could be used for wheat or potatoes. I don't know (and neither do you, probably) how much more a steer eats than you or I. But we don't care to know exactly. We are only playing at exactness with most of our figures, though we are trying our best to get a true general view. What matters about the steer is that whether he eats two or four or eight times as much as a man, he is in any case wasting anything from four-fifths to nine-tenths of whatever he does eat. For we can get back from him by eating him only one-fifth or one-tenth of the food value of what he consumes.

This seems to show that vegetarianism is going to stave off the Great Hunger by several decades. Where there is one corn-fed steer to-day, we may have two decorous vegetarians to-morrow, for each hog we oust from Iowa a vegetarian will flourish. Thirty million cattle equal sixty million vegetarians, sixty million hogs equal sixty million vegetarians, thirty million sheep equal thirty million vegetarians, three hundred and sixty million chickens equal eighteen million vegetarians. And so on for the rest of all the birds and beasts.

THESE figures are for the United States alone. Think of the vast vegetarian saving for the whole world. Let us say five hundred million extra human beings. That would stave off the Great Hunger, say, thirty-three years more, or till 2042.

We are getting far into the future now and have emphasized sufficiently the ridiculousness of being exact. Suppose we begin talking in still rounder numbers and call it 2050. We are safe till 2050. A D

That's getting to look pretty safe for most of us. We who read *The Post* to-day will be dead by then, even with vegetarian longevity and Stomach operations. And most of us favor the policy of letting posterity look after itself. This is partly for reasons very complimentary to posterity—we have confidence in them that they will be able to take care of themselves in the matter of food. This is the same flattering trust which makes us assume they will be able to pay off the national, municipal and other debts that we are bequeathing to them. We even try to imagine they will almost enjoy doing it.

BUT the larger part of our disinclination to do much for posterity is doubtless really based on the sound principle that we owe them no gratitude, since they have never done anything for us. So we blithely leave them to wrestle with Malthus as best they can.

In a way of speaking, the life of the human race is as much longer than the life of an individual, as a century is longer than the twinkle of an eye. At least, that seems so when we look back through the vistas of history, archaeology and geology. It will be so for the future, too, except for a possible collision with a comet, or some other cataclysmic tragedy of the earth. And except, of course, for Malthus.

So let us follow our reasoning a little further, even if we have already saved the world up to and including the year 2050.

We come, then, next, to my own pet idea—the one that has led me to the study of all the others.

THE world's domestic animals, except the reindeer, are tropical or subtropical in origin and not well adapted to fending for themselves in the northern portion of the Temperate Zone or any-

where within the **Arctic** **A** steer feeds out all winter in Texas without danger. Steers do feed out all winter in Alberta, too, but only at a **risk**, in an exceptional year they may be **killed** by thousands in a blizzard. The same is true of sheep. The horse is somewhat hardier, but **it** is only the French and other Latin races that eat much horse meat at present, and in any case the northward **limit** of the beef-producing horse is only a little beyond that of cattle and sheep.

But beyond the northern range of the horse, and all the way to the shores of the polar sea, there are vast areas, in part grass-patches and forest-patches, and in part level or **rolling** prairie. All this grass can be turned into meat, if the **right animal** is used.

GREENLAND is not only the largest island in the Arctic, but much the largest in the whole world. Ninety per cent of it is covered with ice, but there is **fair** grazing over the remaining ten per cent. The **Scandinavian** colony in Greenland created a dairy **industry** for home supply, and for some slight export to Europe, between the tenth and thirteenth centuries. That **industry** vanished with the colony, about 1450 A. D., for reasons not probably directly connected with any change in climate. The Danes are now **reviving** animal husbandry in Greenland.

The only other partly ice-covered islands in the **Arctic** are Franz Josef, **Spitsbergen**, Heiberg, Ellesmere, North Devon, and perhaps Nicholas II. Undoubtedly more than twenty-five per cent of these is some sort of pasture. All the other **Arctic** islands are moderately good grazing ground throughout most of **their** areas.

OUR best estimates **indicate** that if you take the Arctic islands and the parts of Alaska, Canada and Siberia lying north of the heavy forest, you will have an average of grass or other edible forage per acre about equal to those **sections** of Montana or Texas that are used for stock because they are too dry for cereals.

The reindeer has been a **domestic** animal since history began, and there are now projects for **domesticating** the ovibos (sometimes called "musk ox," though they are not oxen and have no musk). They fend for themselves in comfort all winter, and are in no more danger of **freezing** in a blizzard than a cow is of **drowning** in a spring shower.

Reindeer are in vast numbers now in several **Arctic** countries, and the ovibos may become equally numerous later. **Neither** of these **animals** needs a barn to shelter **it** or hay to feed it.

Not even the **scientific** men of **Russia** can estimate **within** the nearest **million** how many domestic reindeer there are in northern **Russia** and northern Siberia. In parts of **Arctic Siberia** a herdsman is considered only moderately well-to-do if he owns ten thousand head. At present they are used there only for local food supply, but export plans are already being formulated.

SOME thirty years ago the United States Bureau of Education had the wisdom to import 1,280 reindeer from Siberia into Alaska. These have doubled every three years since then, so we now have more than 300,000, although 150,000 have been butchered for food meantime. Under the new policy of the United States Department of Agriculture, **this** is fast developing into an export business, and reindeer beef is now served in some of the best restaurants and hotels of New York, Chicago, and other large cities.

The reason you don't hear much about reindeer meat is that there is no **selling** problem, and, therefore, no need to advertise. The demand vastly exceeds the supply, and those in control of the Alaska export merely quietly stock the hotels which are **their** regular customers. They avoid new customers because they could not keep them permanently supplied if they **did** secure them.

THE United States Biological Survey estimates that before 1940 there will be something between two and four million reindeer in Alaska. The difference between the upper and lower limits of the estimate is so great because they do not feel certain as yet as to how many **animals** per square mile can be supported permanently by the Arctic prairies.

Since the annual turnover **will** be about twenty-five per cent of the herds, the yearly export of reindeer meat from Alaska, presumably mainly to the rest of the United States, **will** be **anything** from 500,000 to 1,000,000 head in 1940. By then the breeding experts **think** they **will** have increased the average weight per carcass from the present 150 pounds to perhaps 250 pounds.

This all means that by 1940, or sooner, we **will** have on sale in the United States per year between 50,000 and 100,000 tons of reindeer meat.

IN a rapid survey like **this** we cannot explain why reindeer is to be **classified** with beef rather than with venison, or why there will not be any problem in introducing it. Those and **similar** subjects have

been thoroughly and **satisfactorily** threshed out by the Department of **Agriculture** and by **private** owners, who agree **in thinking** that there **is** no **advertising** or **similar promotion** problem, for the supply will always be less than the demand. They agree equally that remdeer **will** not compete **with** vemson, but only **with** beef and mutton.

Now, the world's supply of beef and mutton **is** bound to decrease every year. We have **discussed**, above, the fact that **if** you feed corn to a hog or a steer, you are **wasting** most of the corn. Another way of stating **it is** that **if** you **raise wild** hay or **timothy** for stock, on land capable of producing wheat or potatoes, you are **wasting anything** from four-fifths to nine-tenths of the **productivity** of the land.

THE man who **raises** stock on good farm land **may** be **making** as much money as he can, but he **is** not making as much food as he can. That is, partly, what the farming **authorities** mean when they **discuss** "money crops" as opposed to "food crops."

With the growth of **population** and the **increasing** pressure on food supply, all land capable of producing vegetable foods for **direct** consumption **will** have to be gradually converted from stock **ranching** to cereals, orchards, **and** market gardens.

The process of change from stock ranges to **cultivated** fields is already **going on rapidly in** Texas, the Argentine, **Australia** and indeed **in** most of the important grazing **countries** of the world.

Accordingly, with a steady **increasing population** you will have a **steadily decreasing** output of beef and mutton. **It is** not **conceivable** that the supply of remdeer meat **will increase** rapidly enough, even when Canada and **Siberia** begin to supplement Alaska, to keep pace **with the** decrease **in** the older meats.

RANGE cattle are doomed in the **comparatively** near future (**within**, say, a hundred years) because the land on **which** they graze is capable of producing corn or apples, and more valuable **if** so used. But, so far as the modern **agriculturalists** can see, there **is** no food plant **suitable** for **direct** human **consumption** that can grow **in** the lands north of the forests where the remdeer are native. The remdeer **is** therefore the one **animal** already **domestic** that can save the world from compulsory **vegetarianism**.

Those who **believe** that meat eating **is** a human necessity must put **their** trust **in** the remdeer, for we can see already how and why the older sources of meat are going to fall us.

(To be *continued*)

Why?

By MARJORIE K. HILLIER

The author of the **following** verses **is** an **English office** worker of 15, whose **family** were among **Kitty Marion's** **earliest** converts to **Birth Control**. She writes: "I do not have far to go to see poverty and I have always been sorry for the **pinched** and hungry **children** of the poor."

Huddled together **in** squalor and **dirt**,
Uncared for, unwanted, **in** hopelessness born,
Knowing nought else but dread, hunger and hurt,
To life such as **this**, **bairns** are born **with** each dawn

Hollow-eyed mothers, who hark to **their** cry,
Droop listlessly, hopelessly, down to the grave
Leaving babes motherless, **gladly** they **die**,
To watch **children** **starving** does not make one brave

Children in anguish, **their** rags round them draw,
They just have to **live**, just **live** day after day
Winter is merciless, small **limbs** grow raw,
The road's always muddy, the sky's always grey

They **did** not want to come into the world,
And they have not **sinned**, have not made any foe,
Yet **into** **heartrending** sorrow they're hurled,
O! **Why** are they born? Alas, they do not know



Book Reviews

SELECTED ARTICLES ON BIRTH CONTROL, compiled by Juha E. Johnsen. New York, The H. W. Wilson Company, The Handbook Series.

THE aim of the volumes in the Handbook Series is "to set forth compactly, in an open forum, as it were, some of the representative and best available literature for and against" the subject chosen. In this volume on Birth Control, this aim has been well carried out. The volume opens with the briefs of the advocates and opponents of Birth Control. A fairly comprehensive bibliography, covering nearly fifty pages follows the briefs, and the remainder of the volume is occupied with articles which have been selected to illustrate the various phases of the question. Many of these articles have been taken from the BIRTH CONTROL REVIEW, and from other publications of the American Birth Control League, and almost all the writers are familiar to our readers.

The Affirmative

They include such names as Margaret Sanger, Havelock Ellis, Harold Cox, C. V. Drysdale, E. G. Punke, W. R. Inge, C. K. Millard, H. M. Dilla, Dr. W. J. Robinson and Dr. S. A. Knopf. We look in vain, however, for some of the most eminent names in the ranks of our scientific and clerical friends. Dr. Adolf Meyer, Raymond Pearl, C. C. Little, E. M. East, and Lord Dawson are conspicuously absent, as are also such men as Rabbi Wise, Rev. Nelson J. Spenger, Rev. Karl Reiland and the Bishop of Birmingham. In fact, it must be stated that the moral and religious significance of Birth Control is somewhat too slightly treated, especially as the strongest stress on the negative side is laid on the assumed immorality and unnaturalness of any regulation of the reproductive instincts of mankind. There is one article by Harold Cox on the "Morality of Birth Control." But the large amount of recent literature on this aspect of the question, which is gradually building up a new and higher concept of sexual and parental morality is ignored. Another objection to the choice of articles might be taken in regard to the one by Margaret Sanger which the compiler has selected as representative of the arguments of the leader of the Birth Control movement. It barely covers two pages, as compared with the 20 or 25 that are allotted to others—Louis I. Dublin is given 20 pages, and Dr. W. J. Robinson, the veteran Birth Controller, 24. As the compiler had a wide field of Mrs. Sanger's writings from which to select, it seems as though the case would have been more fairly presented, if there had been included a more adequate statement from the President of the American Birth Control League.

The arguments in favor of Birth Control as presented in this volume offer nothing that is new to our readers.

The interest for us lies chiefly in the arguments of our opponents. There are nineteen names on the side of the negative. The first is Louis I. Dublin, and is the address which Dr. Dublin made before the Sixth International Birth Control Conference of last year. In that address he conceded that there is already so widespread a use of Birth Control as to diminish the danger of over-population, and his strongest arguments were directed against the inefficiency and danger of many methods now in use. It cannot be said that any case against Birth Control was very clearly or powerfully stated by Dr. Dublin.

The Negative

The chief reliance of the other opponents of Birth Control is on the traditional morality which insists that sex relations are a concession to the lower nature of man, only to be excused as necessary for the production of children, and that any other use of sex functions is "unnatural," immoral and irreligious. These arguments have the advantage for their proponents that their basis is taken for granted, and it is assumed that people in general agree in the degrading view of the marriage relation which is inherent in them. To meet these arguments one must challenge their foundation. Take for example the dictum of Rev. Mabel Irwin, who writes "the very essence of prostitution lies in the fact that a function has been so used as to frustrate its evident end." This is dogmatism, not reason, and the only reply is a total denial of the premises. That this form of dogmatism may be enunciated by writers who are not of the Roman Catholic Church does not alter its character, and the only reply that can be made is "We refuse to believe that the noblest and finest sentiments of humanity are bound up in a God-given instinct which is low and degrading and only to be admitted a place in life, because God made the survival of the race dependent on its exercise."

As to Dysgenic Selection

Another argument of the opponents of Birth Control is that it is already in practice and that it makes for dysgenic selection, in that it is the intelligent and educated who limit their families and the weak-minded and unfit who do not. This argument is frequently put forward, but the men who urge it never seem to take into account the fact that it is impossible to alter this state of affairs except by more Birth Control. If the educated and intelligent see the advantages of their present restriction of the number of children, they will continue to exercise Birth Control. If the poor and the ignorant do not see such advantages, or if they see them are unable to discover means to obtain them, the remedy is to carry instruction and education to the poor, and not to attempt the vain

task of **taking** these away from the more informed. That is **just** what the **American Birth Control League** is advocating--more Birth Control to balance the **Birth Control** that already **exists**.

The **fallibility** of many methods of Birth Control comes in for **strictures** by some of the **medical** opponents of Birth Control. Here **again** the arguments brought **against** us are really arguments in favor of the work the League **is doing**. **Science** and **medicine**, until very lately, have altogether ignored **this** field of research. The problem presented to **science** is a very **simple** one, and already there are **signs** that **it is being examined** and tested, and that **solutions** of **widely differing** characters are almost ready for presentation. That **medical** men have **failed in their duty** to find a remedy for an acknowledged **evil**, does not **justify** any doctor in **bringing forward this failure** as an argument **against Birth Control**.

There are **nineteen** names in the list of the opponents of **Birth Control**. But there is **little variety** in the arguments used. One **writer**, **Max** Edge of London, **insists** that Birth Control **is** due purely to selfishness, and warns the workers **against it**, because "the smaller the **family**, so much the **easier** will it be to **impose** a lower standard of wages." The **remainder** of her tirade, which can scarcely be called argument, rests upon unproved **assumptions** as far from the truth as that the man with a big family **is** able to set the standard of wages **received in** his trade.

In the days of the suffrage struggle, it was frequently found that women who had been **indifferent** to the cause were **stirred to enthusiasm** by **indignation** at the arguments used by its opponents, and thus became valiant members of the suffrage army. If any reader has a **friend** who **is** doubtful as to **Birth Control**, a **gift of this volume**, with some of the anti-arguments deeply scored in red for her **attention**, will prove an almost **infallible** method of conversion to whole-hearted enthusiasm for the cause of Birth Control.

ANNIE G. PORRITT

MARY MACARTHUR, by Agnes **Hamilton** Thomas Seltzer, New York

MARY MACARTHUR was one of the three great women leaders who have been produced by the **British Labor Movement**. **Entering** upon her career as an organizer, a very **attractive** young Scotchwoman, she refused at first to marry, **feeling** that her work came first. Later she became the **wife** of Will Anderson, one of the most **sagacious** and best beloved of England's **Labor** leaders, who **died** after about five years of **ideally** happy married life. In **addition** to the equipment of a born **agitator**, Mary Macarthur had the judgment and boldness of the leader. It would be **impossible** to recount the **strikes** she led, the **negotiations** she conducted and the **meetings** she addressed. Her **biography** is the history of seventeen arduous years of **tireless** effort for the **organization** of the

mass of scattered, **underpaid** and helpless women workers of England, into the **security** of the Woman's Trade **Union** League.

A G P

RACIAL REALITIES IN EUROPE, by Lothrop Stoddard. Charles Scribner's Sons, New York

BELIEVING that "scientific discoveries of the past generation have revealed the **vital** importance of the **racial** factor in human **affairs**," Professor Stoddard undertakes in this volume to present a "frankly **pioneer** sketch" of European history in the **light** of **this** factor.

In the **opening** chapter he **describes** the **mind** and temperament, the characters of the three **leading** races which have **occupied** Europe since the earliest **invasions** from the east.

These characters he **applies** through ten chapters to a **reexamination** of European **social** and **political** developments and **causations**. **Leaving aside** the usual factors of **climate**, **soil**, **traditions** and ideals, he stresses the importance of fixed race **habits** and temperamental race **differences** in determining **national** development, showing the **instability** and **confusion** resulting from mixture of races and the permanence of governmental forms in **uniracial** countries.

Migrations, **political** ascendency and **decline**, trade preferences, class leadership, all are attributed in the main to **Nordic**, **Alpine** or **Mediterranean** race supremacy within the **given region**.

Placing under scrutiny the histories of kindred **Britain**, the **Nordic North**, the **Mediterranean South**, **Alpinized Germany**, **disrupted Eastern Europe** and the **Alpine East** he thus measures off the **cham** of events in each by the rule of **racial** balance. His well-known **championship** of the **Nordic** peoples appears **consistently** throughout the **discussion**.

Particularly valuable to the **inexpert** student of **history** are three maps. These **indicate** the **physical** contour, the **distribution** of races, and present language areas of the **Continent** and **British Isles**. One is moved to suggest that **racial** and language maps would **constitute** an equally **instructive** addition to school histories and **geographies**.

Certain critics see no "momentous **discovery**" in Dr Stoddard's theory of the **significance** of race as a **pre-determinant** of the destinies of **nations**. One reviewer finds "no new facts." Yet the book **contains** for the average reader a great **light**, revealing to him an **underlying** cause of outward events and trends which, if he be **neither anthropologist** nor **psychologist**, he had **unaided** been unable to discern, and which gives him a new **guide** to the study of **public** movements in his own time.

Again, a very **pertinent** conclusion might be deduced from the text. **Historians** have pointed out how seven **civilizations** have arisen and decayed. In the opinion of many our own **civilization** is threatened with a **similar**

fate But today we have **science** to summon in such a **crisis** And there are those amongst us, world-budders, who find in the **regulation** and control of **populations** a **scientific** offset to so dread a **calamity** **Theirs**, then, to lessen the **inferior**, to strengthen the **superior strains** **Theirs** to re-shape world elements, to re-balance the races

ANNA HARBUTTLE WHITTIC

CHANGES IN THE SIZE OF AMERICAN FAMILIES IN ONE GENERATION, by Ray Erwin Baber and Edward Alsworth Ross No 10 Univ Wisconsin Studies in the Social Sciences and History Univ Wisc Press, Madison, Wisc 1924

THE SIZE OF COLLEGE FAMILIES, A STUDY OF THE SIZE OF THE FAMILY OF COLLEGE STUDENTS IN RELATION TO THE NATIONALITY, RELIGION AND EDUCATION OF PARENTS, by S J Holmes Reprint Jour Heredity, October 1924

AGE OF PARENTS AND ORDER OF BIRTH IN RELATION TO LONGEVITY OF OFFSPRING, by S J Holmes and I Wilson Reprint Jour of Heredity, February 1925

THE outstanding fact in the first monograph is that there has been a **shrinkage** of $38\frac{1}{2}$ per cent in the **size of American families** of college students in the **middle west** in a **generation** The present **generation** averages **2.8 children** per couple, **which is** "about one child short of what they should have to reproduce themselves" A separate study of the **size of dependent American families** in the last chapter shows no **shrinkage** there, for "these dependent families are **twice** as large as the average self-supporting family of **native stock**" This is not new, but it needs to be **re-emphasized**, and the fact that the **American dependent is like the foreign-born prolific**, deserves **attention**

The authors do not take a well rounded **point of view** of human nature in **discussing** the causes of the decline in the first group They do not believe that late **marriage** or **economic** pressure accounts for it They **attribute it essentially** to **Birth Control**, **abortion** and sterility due to the **social diseases** The motives they **assign** for **Birth Control** range from the **love of ease and luxury** to a **desire to climb the social ladder** Such a treatment is **neither accurate nor complete**, and it may be doubted if the authors themselves contend that **Birth Control is only practiced** for such **motives** as these

Higher education comes in for **disapproval**, they quote from Popenoe and Johnson* the **warning** that "the con-

stant lengthening of the **educational** period (by the **universities**) will result in **serious deterioration** of the race" To any person in the **possession** of common sense, the **shortening** of the educational period seems a strange solution of the **differential birth rate** Furthermore, this **dictum is inconsistent** with the authors' statement that postponement of **marriage is an unimportant factor**

But their gravest mistake lies in assuming that **correlation** means **causation** They state that **since this study "includes every educational group,—this should give us a very clear picture of the effect of education upon the size of the family"** Does education cause a low birth rate, or does a lower birth rate (along with some other things perhaps) give some the opportunity for more education? Or are they both independent and both caused by something else? The **question is at least still an open one** The study is hardly **convincing** on that score

Again they state in the discussion of the **relative infertility** of **American women** as compared with the **foreign born** "With 13 per cent of our couples of **native stock** **childless**, and with nearly 18 per cent of the **fertile couples** **having** only one child, what chance have they in **competition with their prolific neighbors** from abroad" This can hardly be **said to show penetrating analysis** The answer depends upon many things, among others upon what they are **competing** for If they are **competing** to people Heaven or Hell they will undoubtedly procreate fast, but if they are **competing** to promote human well-being, especially the **well-being** of their own class or group, they may lower their birth rate with the express purpose of **giving** them an advantage in **competition** For what Professor T N Carver has called "**occupational congestion**" is a factor in **increasing competition** within the group, making for an unbalanced economic order and thereby lowering incomes within the group

IN the second monograph Professor S J Holmes of the University of California has studied the stock that has given that institution its male students since 1920 He finds that the grandparents of these students had on the average a **family of 5.21 children**, while the parents had between 3 and 3.66

This might be considered sufficient to maintain the stock undiminished provided the **marriage rate** were nearer that of the general **population** But we find that this group **varies in marriage rate** all the way from the 97 per cent of **Methodist ministers** through the 75 per cent of **Harvard graduates**, to the extremely low **marriage rate** of the graduates of some of the eastern women's colleges Dr Holmes agrees with Baber and Ross therefore, that the stock from which we have been **recruiting** our college material is not reproducing itself

Holmes' study considers both **native and foreign born** and takes account of **religion** and **education** He finds,

* 'Applied Eugenics'

as one would expect, that the **native** born have the smallest **families**, the **foreigners** the largest, and that Catholics average larger **families** (4.14) than the followers of other **religions**

What **is** most **striking** in these two monographs **is** the fact that **in** no case do the authors **mention**, what it seems they must **realize**,—that the **possibility** of voluntary parenthood by the general populace would go a long way toward **solving** the problem of the **differential birth** rate over **which** they are so much concerned. One looks **in vain** for a suggestion to **this** effect.

The **third** monograph **in** the group **is** a **scientific investigation** showing that there **is** no **correlation** between either the age of parents or the order of **birth** and the **longevity** of **offspring**. Of the **earlier** students of **this** subject, **Beeton** and **Pearson** had concluded in favor of the younger parents, **Redfield** in favor of the older, the latter **basing** his **conclusions** on an absurdly **small** number of cases. **Holmes** and **Wilson** have followed a sound

method and there **is** reason to believe that **their conclusions** are more carefully drawn than those of the **English biometricians**

NORMAN E. HIMES

SOCIAL PROGRESS A handbook of the **Liberal Movement**. The Arbitrator, New York

THE causes of **discontent** in the United States, in **spite** of the great **prosperity** of the country and the favorable status of the workers as compared **with** those in other parts of the world, are **comprehensively** dealt **with** from a **Liberal viewpoint** in the first part of **this** handbook. The second **section**, devoted to **definitions** and short **articles** on varied phases of the **Liberal movement**, **including** Workmen's **Compensation**, Birth Control, the **League of Nations** and **Patriotism** **is** supplemented by an **extensive** and useful **bibliography** for **Liberals**

A. G. P.



IN THE NEWS

"With each new burden the mother finds herself less able to shoulder any burden," **writes** Dr. Alice **Hamilton**. The news columns supply three examples to **illustrate** her text.

When **Lilian** Osborne, mother of **11 children**, of whom five are alive, was charged at **Birmingham** with **attempting** to **commit suicide** by **jumping** from a bedroom window, she **said** she had so many children she **did** not know what she was **doing**—*Evening News* (London)

"Murder **against** some person or persons unknown" was the **verdict** at **Hammersmith** last week on a woman who had succumbed to an **illegal operation**. One of the arguments for **Birth Control instruction** **is** that it would tend to check the **crime** of **abortion**, with **which**, apparently, the police cannot successfully deal—*John Bull* (London)

Alpena, **Mich.**, July 30 —(Special)—The birth of her 22nd baby caused the death today at **McRae Hospital** of Mrs. Peter Woloszyk, 40 years old. The child also **died**. Of the other 21 children 18 are **living**. The oldest, a son, **is** 24. There were no **twins** in the family —*Chicago Tribune*

• • • • •

The **poor** of France **should** be taught not to have **children**. The man **who** procreates **without reflection** and thus **brings** another to the poorly **supplied** dinner table **is** a **brute** — EUGENE BRIEUX

A PHYSICIAN'S VIEW

My **evening consultations** seem to collect the most unfortunate among the cases **which** attend the Centre, and I must confess that I am **discouraged** at the results.

Many of our **patients** are so **handicapped** by **hereditary** defects that even **with** the best **environment** it would not be easy to give them much help, and when, **in addition**, there are too many **children** in the **family**, bad **housing conditions**, unemployment or **inadequate** wages **leading** to under-nourishment, **faulty** use of the **available** resources due to lack of **training**, **alcoholism** or other **antisocial manifestations**—and I **see** few cases that do not labour under more than one of these **disadvantages**—I reluctantly conclude that we are **like** people who go on pounng water **into** a bucket that has a hole **in** it. We are **trying** to cure an **evil** by **tinkering with results**, instead of **attacking** the **causes** of the trouble, and success never comes that way.

The first **necessity** seems to me to be **limitation** of the **family** to a **size** commensurate with the Income, for **without this** all other measures **will fail**. **In addition** there must be better **housing accommodation**, the **adoption** of an adequate general **minimum** wage (such as **is** already in force in Australia), and a better **education** of men and women **in their responsibilities** to each other, to the rest of **society**, and above all to **posterity**.

The attainment of **family limitation** depends largely on **education** by Welfare Workers, and until we face **this** problem frankly we are, in my **opinion**, neglecting one of the **basic conditions** for the success of our work —NORMAN HAIRE, Medical Officer of Saffron Hill Welfare Clinic, London

Press Clippings

Birth Control of **insects** and cattle has come **into** vigorous effect. But **it** merely controlled the birth of our lesser treasure—the output of our gardens, fields and pastures. Over the greatest treasure of all, the output of our homes, we exercised no precautionary **supervision**.

We fought scab on fruit trees and tuberculosis in cattle. We made the **shooting** of mad dogs and **elimination** of **diseased** stock compulsory. We would not allow **congestion** in stables nor **breeding in diseased** herds. We protected **our fruit** crop by **forbidding** the entrance of **doubtful fruit** from uninspected areas. But at the same time we continued **to** allow

Tubercular, idiotic, criminal and insane human stock to breed **without restriction** or **regulation** and **declared illegal** any attempt to stop the **same**.

At the present **writing** that is the **condition prevailing** in America. That is the **condition** for which you are **paying** increasingly heavy tax money. Our **population** is **increasing** enormously, but a **substantial** part of that **increase** is **diseased, simple-minded** and practically doomed to a life of crime. **Think** about these **things**.

—ELSE ROBINSON in *San Francisco Call*

It is slowly but surely **becoming** recognized that Birth Control must be adopted and practiced if the world's **population** is ever to rise to a higher standard of **living**. It will become more and more an **economic** necessity if human life is ever to become what it ought to be. It is true that many people, including men prominent in church and state, have denounced the **practice** and at least pretend to look upon **it** with abhorrence. Yet many of these same people have, unconsciously perhaps, adopted **it** to a greater or less extent in their own **families**. Today a vast number of the wealthy and **prominent** people in every land have adopted **it** and have very **limited families**, while the **struggling** poor bring **armies** of children **into** the world **which** they are utterly unable to support or **bring** up properly. The result is a steady lowering of the intellectual and moral standard of **populations**. Struggling **millions** beget more **struggling millions** until famine, **pestilence** or war **brings** to a **terrible** end their **misery** and suffering. "Far better had **they** never been born" **applies** with terrible truth to millions upon **millions** of the **suffering** and **starving** populations of Europe and Asia and sooner or later **it** will apply more or less to this **continent**. The **mania** for **big** population as expressed so frequently by **military** and **political** leaders should be suppressed and become subjected to sound and sane economic **principles**. Far better a small **population** **living** peacefully, **happily** and comfortably, properly fed, properly clothed, **living** in decent dwellings with pleasant surroundings and with

a larger measure of education and culture, than vast **millions** with fifty per cent or more **living** in squalor and **misery**. This cannot be life as God and Nature **intended** it to be—**Halifax** (Nova Scotia) *Citizen*.

Wars **are** no longer fought for bread, but they are fought for the jam. Man has long ago refused to live by bread alone and the whole problem has become tremendously tangled by that unknown quantity the standard of **living**. Wars are fought because groups of men are **discontented** with their standard of living. Whenever the birth rate is **high** the standard of **living** is low, but **this** in itself does not lead to **discontent**, nor war, as we see by once more turning to China. It is only when changing **circumstances** lead to a **rapid** drop in the standard of living that **discontent** leads to war, such a period engulfs us at present in the west and **especially** in America. Never in the **history** of the world has so high a standard of **living** existed as in **America** at the present moment, hence the greater need of America for a progressively **diminishing** birth rate. No one suggests that **America** could not absorb a far larger population, but you do not wait till the glass is full to **overflowing** before **beginning** to turn off the tap—The *New Republic*.

But what, then, is the answer to this problem of **rapidly** increasing **populations**, so that a nation must expand into the **territory** of some other expanding nation or slowly **die** of starvation? If the answer is not war of conquest and **extermination** what is it?

Obviously the **limitation** of population. We are **limiting** it now by the restriction of **immigration**. We refuse to admit **defectives**, weaklings, paupers, **idiots**, through that gateway. When we get **wise** enough we shall refuse to **admit** undesirables through the gateway of birth. "Quality, not **quantity**," is the slogan for the parents of the future. **This** will necessitate other changes in human nature. But unless such changes are brought about it **will** be the same old hell of bloody and brutal war to the end of the **hideous** chapter—F O H in the *Universalist* Leader.

* * * *

"HONI SOIT"

Two men bought the REVIEW and a woman passing jeered, "no wonder you've got boy friends." About ten minutes later a clergyman turned toward me in passing and hissed in cultured tones—"you are a beast!"

—KITTY MARION

News Notes

UNITED STATES

New York

KITTY MARION'S case, of which a resume a given an another page, was the most important event of last month at headquarters of the American Birth Control League, because it establishes once for all in open court the fact that it is perfectly legal to reach a large New York public through street sale of the REVIEW

Other large audiences for the work of the league have been reached through Dr Clark's radio address and through the booth at the Sesqui-centennial. Full stories of this and of the booth to be opened at the Women's Activities Exhibit will be published later

The Brooklyn branch of the Clinical Research Department, which was founded last January, sends the following report of progress. The work was started through the instrumentality of Mrs J Rhees Kappeyne, a Brooklyn lawyer who has been untiring in her work for Birth Control. Mrs Kappeyne is chairman of the Brooklyn Committee, Dr Ella M Hediger is Clinical Director, Miss Emily Stonehill is Social Worker

The report is the informal story of the response and the intangible benefits derived from the Clinical Research Department. Figures of the year's work will be given later. Dr Hediger writes

"Already a large and increasing number of women are rejoicing in the benefits of the Brooklyn Branch. Into the ears of the women in charge are poured the most heart-rending tales of mental and physical torture from women whose health has been wrecked through excessive child-bearing and over-work. Others are victims of ill health through frequent abortions, in an effort to properly provide and care for the several boys and girls already in their family

Women of all races and classes have found relief, from the woman with a college diploma to her sister who can only make her mark, with all the grades between

Not figuratively, but literally, among these patients have been the deaf, the lame, and the blind. Other patients have husbands suffering from diabetes, tuberculosis, alcoholism, locomotor ataxia, gonorrhoea, syphilis, feeble-mindedness and insanity

Some of the patients are brought by their husbands. Men who, while wishing to live a normal, married life, are solicitous of the happiness of their wives and the welfare of their children. And this is the bright side of the clinic work, for some of

these have since called to express their gratitude and wish the work God-speed. And oh, the change the patients tell of in their lives!

Mrs A gives thanks that her health has been greatly unproved by the elimination of fear

Mrs B declares she has just begun to find life worth living. Mrs C that she is now able to perform her daily tasks with cheerfulness, because she has regained her lost hope of a better day

Mrs D, that the strained relations between herself and her husband are ended, and they are living more happily together than at any period since their honeymoon. Mrs E, that her husband now spends his evenings with her, and they have resumed their courtship. Mrs F rejoices in reconciliation to her husband, estranged because of her unwillingness to run the risk of adding to an over-large family, endangering her own life and their welfare

Mrs G delights in passing the good news on to poor women as wretched, sick and over-worked as she herself was before she became a patient

Not material, but space, prevents our running through the alphabet

Most of the month of August was spent by Dr James F Cooper, Medical Director of the Clinical Research Department in Oregon and Washington, with one stop in Nevada and a start on his program for Montana. Of the response in the far west he writes "Physicians are seeking practical information as never before." His reports for September are not yet in. The list of places covered is as follows

August 30th
August 31st-Sept 1st
September 2nd
September 3rd, 4th
September 6th, 7th
September 8th, 9th
September 10th, 11th
September 13th, 14th
September 15th
September 16th
September 17th, 18th
September 20th, 21st
September 22nd
September 23rd, 24th, 25th
September 27th
September 28th
September 29th
September 30th
October 1st

Missoula, Mon
Butte, Mon
Helena, Mon
Great Falls, Mon
Minot, N D
Devils Lake, N D
Grand Forks, N D
Fargo, N D
Jamestown, N D
Carrington, N D
Aberdeen, S D
Sioux Falls S D
Sioux City, Ia
Omaha, Neb
Lincoln, Neb
Paunee, Neb
Geneva, Neb
Hastings, Neb
North Platte, Neb

Among visitors at headquarters were men and women students at **Columbia University Summer Session**. Among these were clergymen, teachers, nurses, from all parts of the **United States** who regarded knowledge of the **Birth Control** movement as a **legitimate** part of their summer educational work and expressed the strongest enthusiasm for the work of the League.

California

DR PERCY CLARK left California August 11th. During his six weeks tour he brought **Birth Control** to the attention of local business men and church people in many cities. More important still, he had the opportunity twice to thrash the question out before large audiences with representatives of the **Roman Catholic Church**, and to place it before a membership 200,000 strong, when he spoke in Oakland before the **National Association of Colored Women**.

Though no vote was taken after his debate with a Catholic priest at the **San Francisco Open Forum** on July 29th, it is estimated that he opened with opinion about equally divided for and against and closed with less than twenty-five per cent of the audience opposed. In the days immediately preceding the debate Dr Clark had spoken to clubs of business men at **Palo Alto, Richmond, Stockton and Newman**, besides those places named in last month's REVIEW.

In the last week in July he also addressed a good audience at the **South Methodist Church of Berkeley**. On August 1st he spoke again in a church, the **Eighth Avenue Methodist Church of Oakland**. During the next few days he was heard by the **Rotary Club of Hayward** and other business organizations.

August 5th was a very busy and fruitful day for Dr Clark. In the morning he addressed an audience of almost a thousand women representatives of the **National Association of Colored Women** in biennial convention at Oakland, lunched and spoke before the **Mutual Business Club** and in the evening lectured on the "**American Problem of Population**" before 500 Oakland Elks.

On August 6th he was heard at a luncheon of the **High Twelve Club** and in the evening by the **Inner Circle Club**, both of Oakland. The next day **Fruitvale Lodge No. 336** heard him and on August 8th he lectured on "**Rational Parenthood**" before the **First Congregational Church of Oakland** and on "**Racial Betterment**" before the **Illinois Society of California**. His largest audience and the climax of his tour was reached when on August 10th his debate with Father **Budini** was broadcasted by

Station **KTAB** from a leading Baptist church of Oakland.

An interesting incident of Dr Clark's tour was the offer of an attorney influential in local politics to defend his suit if he would make a test case under the **California** law by giving out information on contraceptive methods. A physician who was present offered to be party to the test also.

Nevada

ON his way to Oregon, Dr Cooper stopped at Reno, to speak before a group of physicians. Dr **Henry Albert**, State Health Officer of Iowa, presided.

Oregon

IN spite of hot weather and vacations during the last days of July, Dr Cooper had a good audience of doctors at the meeting of the **Lane County Medical Association** on July 30th. In the first days of August he spoke before about thirty members of the **Marion County Medical Society** at Salem and at a public meeting of about 300 physicians and invited guests at the sessions of the **East Oregon District Medical Society** at Hot Lake.

Among the physicians present at this lecture was Dr **William Lee Bishop**, editor of the **Medical Sentinel**, the principal medical journal of the far west. Dr Bishop expressed a profound interest in **Birth Control** and is arranging to publish Dr Cooper's pamphlet "Some Reasons" in the **Sentinel**.

Washington

DR COOPER reached Longview where he gave an address at the local hospital on August 6th.

Other lectures in his first two weeks were before medical bodies at **Aberdeen, Tacoma, Port Angeles, Bellingham** and **Seattle**. Vigorous opposition from **Roman Catholic** physicians drew an especially large attendance at Tacoma and the expression of great enthusiasm and a desire to co-operate on the part of the majority of the audience. At Seattle, where the meeting was held at the **Swedish Hospital**, the attendance, in spite of counter attractions was almost 100. Of this meeting Dr Cooper writes:

"Wonderful meeting U S Fleet giving return reception to doctors same night and many wives. Fine attendance under circumstances and very fine interest. Over 40 doctors came up and spoke to me personally expressing appreciation and unity. Many will treat cases and co-operate. Great interest! Best meeting on Pacific Coast!"

Lectures were given by Dr Cooper before medical bodies during the second half of August.

at **Anacortes, Everett, Yakima, Walla Walla** and **Spokane**. At the latter place a **special meeting** called with only **thirty-six hours notice** brought out an attendance of **54 physicians**, who, as at many other places, expressed the hope of a return visit by **Dr Cooper**.

ENGLAND

LATER news of the discussion precipitated in the House of Commons by **Sir Malcolm Mac-Naghten** bring out the fact that **his recommendation** was supported by another member **Mr Basil Peto**, and opposed by **Sir Henry Slessor**, a Labor representative. "**This Labor lawyer**," comments *The Nation and The Athenaeum*, "attacked the proposal to make knowledge of **vital importance available** to the poor." One Labor member has, however, expressed approval in no uncertain terms. This is **Margaret Bondfield**, member for **Wallsend**, who at a public meeting before her election expressed her belief that "**maternity centers** are places where women who **desire the information** should be **given it in a scientific and proper way**." The Catholic press expresses alarm because her **candidacy** was strongly supported by **Catholics** who knew her **views on this question**.

Catholic opposition has **crystallized** in the formation of the **League for National Life** with the **inde-fatigable Sir Halliday Sutherland** as honorable secretary and its purpose "to expose the moral evils and serious physical results of the practice of **contraception**."

The recent reply of the **Ministry of Health** to an enquiry from the **Surrey County Council** seems to us on this side of the Atlantic an important concession. According to the *Wimbledon Borough News* the **Public Health Committee** of the Council made **official enquiry** whether they would approve of properly **qualified medical officers giving advice** on **Birth Control** at **maternity and welfare centres** to **married women** in those cases in which it was **considered desirable** for reasons of **their personal health**. The ministry pointed out that **information given** by the **medical officer** of a centre in the exceptional cases **mentioned** was a wholly **different matter** from the **giving of contraceptive advice and instruction** at the centre itself, and that such **information** should be **given only on medical grounds** by the **medical officer** of the centre, and not by **voluntary helpers or nurses** on **general social grounds**.

Birth Control was under **discussion** at several sessions of the **English-Speaking Conference** on **Maternal and Child Welfare**, which was held in **London during July**.

FRANCE

FROM **M Hardy** comes the following report on **developments in France**.

"The question of population and the problems it raises seem as if they will soon be openly discussed in our country. This is for two reasons. First, because we have been invaded since the war by an increasing multitude of strangers who make the life of our workers more and more difficult. This will without doubt soon necessitate immigration laws and a general examination of all sides of the immigration question.

Furthermore, our neighbor Italy has the intention, openly avowed, of demanding for its formidable surplus population the adjoining territories of France. The subjects of **M Mussolini** declare to the world their conviction that their fecundity has given them certain rights. They demand the pushing back of our frontiers and the cession of certain territories, among them **Corsica, Tunis, Algeria**.

This is sufficient reason why the question of population should be faced in France, not merely from the point of view of France, but of all Europe. If it is so considered perhaps Italy will be made to recognize that she must use some discretion in the multiplication of her people and must take measures of Birth Control.

M Henri Bellamy in *Le Progres Civique* of the 8th and 15th of May, which is one of the most widely read publications in France has published two very reasonable and intelligent articles on population and the Malthusian law. Taking as his theme **M Manuel Devaldes' article**, he has explained the activities of our English friends, holding them up as an example for our French leaders. His articles have stimulated discussion by readers of this review in which several people whose opinion is of weight have taken part. **M Ferdinand Buisson**, who is responsible for the abominable law against French Neo-Malthusians and who still remains a rabid over-populationist (*surpeupleur*), has tried to wipe out the impression made by **M Bellamy's articles** and the support that they have brought forth. He published in the May 22nd number an article, filled with statistics which represent nothing new, in which he made a great point of the incontestable fact that France has many old people! What does that prove, except that life is good in our country, once everything is done to protect and conserve our vitality? Many of our old people are young in energy. Would he have us kill them off in slaughter houses for the aged? Does he think an excess of weakling infants more valuable than an abundance of hale old people? No, **M Buisson** may be a good republican but he

is not an authority on population and Birth Control

This discussion and other symptoms indicate that a right-about-face is approaching in respect to repressive laws against Neo-Malthusian propaganda

Last May at the Conference of the French Socialist Party M Leon Marimont, one of the old militants for Birth Control introduced a motion calling for the abrogation of the law of 1920 forbidding anti-conceptional teaching His motion was passed unanimously and it was arranged that the Conference to be held soon is to discuss the question in detail M Marimont announces further that a movement will be set on foot to change the law

We have then something to hope for Meanwhile a little provincial journal of high ideals, *Le Semeur de Normandie*, whose condemnation for the publication of a purely theoretical article on Malthusianism has already been spoken of, has had its condemnation confirmed by a higher court, the Court of Appeals of Caen (Calvados) This is not very encouraging as an indication of public sentiment as to the chances of a speedy abrogation of the law of 1920 "

According to an item in John Bull (London), measures to correct the high infant mortality which has been the real population problem of France are already showing noteworthy results The French birth rate in the first three months of last year dropped below the deaths by 4,567 This year the corresponding period showed an excess of births over deaths by 9,091

PORTO RICO

A VISITOR at headquarters was Mr George Warrek of Porto Rico Mr Warrek expressed his sincere belief in Birth Control and stated that Porto Rico greatly needed this information The agitation for Birth Control is being ably carried on there by Dr Jose A Lanauze Rolon, through press discussions with a Roman Catholic priest

ITALY

WORD has been received from a correspondent at Rome, stating that "We have discussed the question of Birth Control at two meetings of the Italian Federation of University Women It is very difficult not to be misunderstood, but there have been several clever women, especially doctors who have understood the great importance of the problem and who have seen it as it ought to be seen,

The editor of the radical health magazine *Rational Living*, Dr B Liber has just returned from abroad and will resume the publication of the journal within a short time Details about its suspension and its future plans will be found in the first issue Old subscribers are requested to notify us at once in case of a change of address The editor or manager may be seen by appointment only Address 788 Riverside Drive New York City (Corner West 156th Street subway station Broadway and 157th Street) Telephone is Wadsworth 5929 Mail Address Box 2 P O Station M, New York City

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In view of the official action of the Italian government described in our editorial columns, it is encouraging to learn that Italian women still dare to discuss the subject of Birth Control in open

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—H E WELLS.

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"There could be no greater contribution to the morality of the world and to marital happiness than Birth Control"

—WILLIAM ALLEN PUSEY, M.D., *President of the American Medical Association, 1924-25*

"It is not a question of introducing among the poor an effort to prevent excessive child-bearing. Such efforts are made all the time now. It is a question of introducing safe and sane methods, and of spreading among them the knowledge that such a limitation of the number of children is possible without the risk of death or invalidism. It is a question of offering to the poor who need it most, the knowledge and the power which has long been the possession of those who need it least"

—ALICE HAMILTON, M.D., *Harvard Medical School*

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THE SYNAGOGUE AND BIRTH CONTROL

(Continued from page 302)

churches You know my church is **strictly congregational** I am accountable to no one, not even to myself Now **think** of the joy of **being** unaccountable, of **being** absolutely unaccountable and **irresponsible**, instead of **being** privileged to have lords of the realm and lords of other realms to **guide** one and lead one and bless one from hour to hour Well, I wanted to come today and **in** these poor Imperfect words of **mine** register my faith, **which** I beheve is the **faith** of a **growing** number of Jews everywhere, **that** there can be no **eugenic** control worthy of the name **which** omits the **Birth Control** factor, or the factor of **Birth Control**

Does that violate **Jewish teaching**? I thmk not If it does, if church or synagogue stand in the way of the forward movement of human **society** to a **decenter**, **juster**, nobler order, so much the worse for church or synagogue Our **business** it is, and I **think** that Dr Garth in **his** great communion, and I among the people of my own **religious** and racial fellowship, can do somethmg, as far as it may be needed, to **bring** our great **religious** fellowships to the **understanding** of the truth, that the Church was made for man, not man for the Church, that the **business** of Church and **Synagogue** is to deepen, to **enrich**, to ennoble the hfe of man **Birth Control** is one of the truths **making** for that supreme end of life



It is at the bidding of their collective will, what the remuneration of labor shall be, for they have entire and absolute command over the supply of labor If they will, by their rash and blindfold marriages, over-people the land, all the devices of human benevolence and wisdom cannot ward off from them the miseries of an oppressed and straightened condition. Thw will at length save the country from the miseries of a redundant population—and this we apprehend to be the great and only specific for its worst moral and its worst polittical disorders

—THOMAS CHALMERS, D D —(1780-1847)

Great Presbyterian divine and celebrated preacher
Leader of the Scottish Free Church

The deal of married life, I thnkn, is comradeship The decent man, the manly man, cannot bully his wife and is not proof against tears He does not want a slave for a wife, nor does he want a pathological freak, he wants a comrade and an equal —ROBERT BLATCHFORD

The agtators, from Christ downwards, have been the salt of the earth It is only such as they who save society from dry rot and putrefaction —ROBERT BLATCHFORD



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