20 CENTS

ARCH, 1923

# BIRTH CONTROL REVIEW

Edited by Margaret Sanger

# Freedom in Sight

Bills in Two State Legislatures

# Menace of Population Growth

By Raymond Pearl

Official Organ of
THE AMERICAN BIRTH CONTROL LEAGUE, Inc., 104 Fifth Avenue, New York City

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#### THE BIRTH CONTROL REVIEW

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#### Editor MARGARET SANGER

Managing Editor

Circulation Manager Annie G Porritt RUTH ALBERT

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# THE BIRTH CONTROL REVIEW

OFFICIAL ORGAN OF THE AMERICAN BIRTH CONTROL LEAGUE

Four Steps to Our Goal—Agitation, Education, Organization, Legislation

MARGARET SANGER, Edutor

Vol VII

MARCH, 1923

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# A Calling of the Clan

WHEN WE PROTESTED, some months ago, against the underhanded and unsportsmanlike tactics of the enemies of the Birth Control, and challenged these enemies to honest, clean fighting in the open, we had little knowledge of the lengths they were willing and ready to go to destroy this great movement for the true education of the women of America The breaking up of the Town Hall meeting in New York, just about a year ago, was of the greatest value not only in exposing Roman Catholic opposition to Birth Control, but in un covering its organized and criminal disregard of the funda mental and constitutional rights of free speech guaranteed by the founders of our nation to every American citizen The unwarranted usurpation of authority by high officials of the Catholic Church in New York City has set a precedent for illegal impudence that has now been followed, with more or less cowardice, by our enemies in other cities Events of the past few weeks, events which crowd upon each other with amazing rapidity, teach us many things about the tactics of our actively mobilized enemy

In the first place, we now possess undisputed evidence that the only organized opposition to the Birth Control movement in the United States is that sponsored by the Roman Catholic Church The efforts of the Knights of Columbus to break up our meetings in every city in which we have held conferences or lectures, the determination of this subsidiary organization of the Roman Catholic Church to prevent Margaret Sanger, in particular, from addressing the public, the striking repeti tion of these efforts in the various cities, give us a body of evidence that the effort to destroy our educational program is a concerted and definitely organized campaign. The enemy has indeed come out into the open, brazenly defying the rights of free speech and free exprssion guaranteed us by the Con stitution of these United States But if this enemy has come out into open, do not make the mistake of concluding that it wages war against us by fair means alone

NO! ALL MEANS ARE used to destroy our efforts for national health and racial hygiene, for the liberation of enslaved motherhood and the children of the future Specific ally, the tactics of these gallant "Knights" against all intelligent and self respecting women of the country, include such cowardly and hypocritical activities as

- 1 Instigating the violation of laws assuring peaceful assemblage and law abiding meetings,
  - 2. Intimidating hotel owners and managers and the owners

of halls, legitimately contracted for, and in some cases paid for, by those supporting the movement for Birth Control;

- 3. Threatening boycott and withdrawal of patronage from such hotels and halls,
- 4. Bringing pressure to bear on municipal officials and authorities, threatening the withdrawal of political support to Mayors and Chiefs of Police who uphold the Constitution of the United States and City ordinances which guarantee the right of peaceful and law abiding assembly;

5 Indulging in every form of misstatement, perversion of fact, and vilification of leaders and program to antagonize the community at large against the aims of Birth Control.

The events in Albany on January 23rd remain the most flagrant instance of these reprehensible tactics ings had been arranged at the Hotel Ten Eyck The afternoon meeting was devoted to the scientific aspects of Birth Control The evening meeting was to be public and educa tional in aim. We know that the Albany police were ready to break up the afternoon meeting the moment Margaret Sanger attempted to speak Innocently, she did not make this attempt in the afternoon, because she was conserving her strength for the evening meeting Following the afternoon meeting, the Mayor of Albany, who had previously informed our organizers that the corporation counsel of the city could find no statute authorizing him to stop our meetings, went in person and deliberately ordered the management of the Hotel Ten Eyck to close its doors against our evening meeting. The end of this battle of Albany is not yet in sight, our efforts are to be renewed there For it is out of just such struggles that the Birth Control movement acquires its staunchest adherents and champions

THE FIRST MARYLAND State Birth Control Conference was scheduled for Baltimore two days later. Mrs Sanger hurried from the Albany battlefield to the southern city. All though Maryland remains a Catholic stronghold, our enemies there dared not attack the powerful position enjoyed by our friends of John Hopkins, such eniment scientists as Dr. Adolf Meyer, Raymond Pearl and Dr. R. McC. Chapman. Under such auspices Mrs. Sanger was not molested in making her address. But at Hagerstown, Maryland, the following day, where she spoke under the auspices of the Women's Club of Half Way, she discovered that these dauntless and courageous women had only just succeeded in winning the battle against our enemies. They had finally, after the greatest effort, secured a hall in which the 'notorious' Margaret Sanger might be permitted to speak. First they had engaged the Y. M. C. A. hall—

engaged and paid for it. But those gallant, lily white "Knights" had brought pressure to bear The spineless officials of the Y M C A. had succumbed to the blustering braggadoccio of the Roman Catholics The hall was withdrawn The brave women then tried to get the Armory It too was withdrawn under pressure The Unitarian Church was refused-more fear of the mysterious power of those gallant defenders of American womanhood—the "Knights" And finally, it was the owner of a dancing academy, who, to his everlasting credit, proffered the use of his hall There was another protracted struggle to get chairs Even the undertaker refused-perhaps unconsciously realizing that those who sought to bring down the infant mortality rate could be no friends of his! But finally, due to the indefatigable enthusiasm and energy of Mrs Morningstar and her associates, the meeting was held. It was a triumph in more ways than one. For quite aside from the question of Birth Control, it is a great spiritual achievement to triumph in the defence of one's constitutional rights. This Rural Woman's Club has set an example for all American women in courage, in energy, and, in the deepest sense, in true American patriotism.

PORTUNATELY FOR A convalescent campaigner, the next chapter was a comparatively quiet one. There was no strenuous opposition in Chicago, where Mrs Sanger spoke at the Smai Centre, to over 2,000 people and where the cosmopolitan atmosphere of a great city makes organized opposition more difficult. But in Milwaukee, the seat of a great Catholic University, the enmity was intense Mrs Sanger was to speak under the direction of the Open Forum. Three halls were engaged, three halls were taken away, the managers and owners intimidated by the lily-white Galahads. Finally Mrs George Raab secured the Auditorium, The Knights went to the Mayor, who is a Socialist and has a broader vision than most of our regulation made-to order mayors. He refused to interfere with our meeting. He declared he would defend to the utmost the right of Margaret Sanger to speak in Milwaukee Furthermore, he point out to the knightly delegation that if he were to interfere with the right of a Birth Control advocate to free speech, merely because of the opposi tion of Roman Catholics, he would, to be fully consistuent, be compelled to interfere with the rights of Catholics, to oust them from halls where they held meetings The Knights then appealed to the Chief of Police. But owing to the fact that there was a Socialist administration in Milwaukee, there was a greater respect for American traditions and constitutional rights than exists in such a municipality as Albany The result was a great over Knights were foiled again crowded meeting in Milwaukee. Fully 1,500 people crowded into the hall, and hundreds were turned away

At the hearing in Hartford, Connecticut, our Roman Catholic enemies came out in full force Eccleastics, high dignitaries of the church, and a large delegation of Catholic women appeared before the Judiciary committee supporting bills the enactment of which would thrust back upon the State the support of all Roman Catholic institutions for

the care of the Feeble minded, the dependent, the derelict and the delinquent, for orphans and illegitimate children. Incidentally, let us not neglect the significance of this attempt to thrust upon the citizens of Connecticut the inevitable results of the large family system advocated by our opponents who so bitterly denounced Birth Control. Of the most sinister significance is this tacit confession of the Catholics that they need state and to support the ever increasing numbers of unfor tunate and unwanted children they are bringing into the world

THERE IS ONE great truth we must learn from the cease less warfare of our Roman Catholic enemies forces are organized, directed, and united. They are able to break up meetings, to intimidate municipal authorities, to co erce whole American communities to accept their reactionary and near sighted point of view. With an audacity inflated by a supreme disregard of the true interests of humanity in gen eral and of America in particular, they are usurping control of American opinion and American institutions. They succeed in their lamentable obstruction of the course of true civiliza tion, not because they are supported by our intelligent citizen ship, but because the forces of American intelligence and en lightenment are scattered and unorganized The adherents of Birth Control, we have every reason to believe, far outnumber its opponents in this country. But, as we have so often resterated, it is not enough merely to believe in Birth Control That belief must be clearly and sharply crystallized. In the interests of national health, in the name of all our children, in our faith in the glorious future of our country, the forces of intelligence, of education, of enlightenment, of American freedom, must rally under the banner of humane science We must present a solid, invincible front, against which the army of reaction can make no advance We must march into the Future triumphantly and exultantly, scattering the forces of reaction as chaff before the wind. And this initial step, this very work of organization, will prove to be of the greatest educational value Out of the despair of individual effort, the discouraging fight against the organized powers of darkness, the loneliness of the individual against the cruel mob, may grow a great spirit of cooperative effort, with each recruit giving of his and her best, inspired by an indomitable courage, and affame with the faith that only in this spiritual solidarity may we create our world anew-a world of radiant health and of life giving love

#### Please Take Notice

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### News Notes

London for the trial of Mr Guy Aldred, concerning the destruction of her pamphlet, which was ordered in the magistrate's court on January 9. It was felt by Mr Harold Cox and other friends that her evidence might not be admitted at the trial of the appeal, and that it was useless for her to go The appeal came before the Recorder of the County of Lordon and a bench of justices of the peace on February 9th, but a plea for an appeal to a higher court was entered, and the destruction of the pamphlets was stayed until this plea is settled. The decision of the Bench, if upheld, will precipitate a new fight on freedom of the press in England, a fight of the kind in which Englishmen delight, and one which is sure to be waged to a finish

January 10—A bill for the amendment of the Federal law which prohibits the carrying of Birth Control information or appliances in the mails or by common carriers was introduced in the United States Senate by Senator Albert B Cummins (S 4314) and in the House of Representatives by Representative John Kissell (H R. 13756) The bill simply omits the words "prevention of conception" from the categories of for bidden literature and articles. An attempt was made to safeguard the public against indiscriminate and misleading Birth Control information by adding a provision that Birth Control literature that may be carried through the mails shall be limited to such as "bears the endorsement of duly licensed physicians or public health authorities". The bill, as introduced, did not, however, carry any such safeguard

January 23 -The stopping of the meeting at Albany, at which Mrs Sanger was to have spoken was described in our last issue The arbitrary action of Mayor Hackett aroused widespread indignation, as a wanton interference with freedom of speech and liberty of opinion A protest signed by fourteen prominent Albany women was sent to the mayor after he had refused, on the ground of illness, to meet personally a delegation which waited on him at the City Hall In their letter the women protested against the stigma placed on all those who had attended the meeting, "of countenancing a movement contrary to morality, propriety and uprightness," and also against an order which was an invasion of their constitutional rights of freedom of speech and peaceful assembly The reply of the Mayor, which was dated January 30, afforded no satisfaction whatever to the women and they followed up their former com plaint with another letter in which they definitely asked the rescinding of the order stopping the Birth Control meeting The names of the women who signed the letter were

Marion S Humphrey,
Miss Virginia Lipe Wilcox
Mrs Robert H Brabb,
Mrs Allen H Moore,
Mrs F D Bidwell,
Mrs C H Wheeler,
Mrs Katherine Gavitt.

Mrs C L. A Whitney,
Mrs W O Stillman,
Mrs Luther H Tucker,
Miss Weare Coffin Little,
Mrs H L. K Shaw,
Mrs Peter Brashear,
Mrs Brian Leet,

The postponed meeting is described under date of February 20

January 25—A bill to legalize the practice of Birth Control (now forbidden by State Law) and also the giving of Birth Control information by physicians and nurses was introduced in the Connecticut Legislature by Representative Sisisky, and referred to the Judiciary Committee

January 25 - Extraordinary interest was shown in Baltimore in the First Maryland State Birth Control Conference which was held at the Hotel Belvedere The banquet hall of the Hotel proved to be entirely inadequate for the numbers who wished to attend Gallery and platform were crowded, as well as the space originally set apart for the audience, and over 200 women were turned away, after the hotel supply of chairs had been completely exhausted Under the able chairman ship of Dr Adolph Meyer, Psychiatrist in Chief of Johns Hopkins Hospital, the scientific, medical, ethical psychical and social aspects of the question were considered, papers being read by Dr Ross McC Chapman of the Sheppard and Enoch Pratt Hospital, Dr C A Rubenstein, former Rabbi at the Har Sanai Temple, Dr Raymond Pearl of Johns Hopkins University and Dr Raymond Spaeth of the School of Hygiene and Public Health of Johns Hopkins Hospital address was given by Mrs Margaret Sanger who sounded the key note of the convention in her description of the purpose of Birth Control and the need that exists for it, if there is to be any hope for the improvement of the human race end of the meeting Dr Meyer gave an admirable summary of the papers, and a number of questions, sent up from the floor, were answered by Mrs Sanger and the other speakers The audience included a large number of doctors, university pro fessors and students and many of the most socially prominent women of Baltimore

January 26—A meeting, at which Mrs Margaret Sanger was the speaker, was held in the Stouffer Dancing Academy, Hagerstown, Md, under the auspices of the Women's Club of Halfway, Md Great difficulty had been experienced in secur ing a hall for the meeting, the Y M C A Building and the Armory—the two most available halls in Hagerstown having been successively refused for a Birth Control lecture. How ever, out of admiration for the courage and persistence of Mrs George Gellbach, Secretary of the Washington County Feder ation of Women's Clubs, and Mrs H T Morningstar, Chair man of the Education Committee, an offer of his academy was made by Mr Frank B Stouffer, and the result of the con test between the forces of the opposition and these courageous women was an overcrowded meeting and immense enthusiasm on the part of all who heard the Mrs Sanger's address

January 29 & 31 —Two large and deeply interested meetings were addressed by Mrs Sanger in Chicago. The first, on the 29th, was held at the Mt. Sinai Social Center. This had been arranged by Mr S. D. Schwartz. The second at the North Shore Branch of Mt. Sinai Social Center at Winnetka, also arranged by Mr. Schwartz, was under the charge of Mr. Frank Solomon. Both meetings showed the progress that the movement for Birth Control is making in the Middle West.

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January 30 -An audience of about 1800 persons, described Ly the newspapers as "a cross section of Milwaukee's popu lation," listened to Margaret Sanger at a meeting held in Plankington Hall at the Auditorium, which had been arranged by the Open Forum of Milwaukee Scores of men and women vere turned away by the police, whose only duty proved to be the enforcement of the fire regulations against overcrowd Vigorous efforts had been made beforehand to put a stop to the meeting and Mayor Hoane had been approached by the Marquette Women's League and by other organizations, urging him to protect the city from the "insidious propa ganda" of Birth Control The reply of the Mayor is worth recording "I believe," he wrote, "in freedom of speech, freedom of press and religious liberty The idea of stopping something because we do not agree is wrong. If things which Mrs Sanger says are objectionable, the police will stop the meeting, but something out of the way must be said before they can do this I have never been in favor of denying the use of the auditorium to any but the Ku Klux Klan No persons have the right to censor this woman, because they do not agree with her" As is always the case, interest in Birth Control was immensely quickened by the opposition to the holding of a Birth Control meeting

January 29—A debate on Birth Control was held by the Eastern Branch of the Y M C A of Brooklyn, N Y Hither to this subject has not generally been included among those chosen for debating clubs. It is satisfactory to note that victory lay with the affirmative side, headed by Mr Irving Zinaman

February 1 —Mrs Sanger spoke at a luncheon at the Chicago Women's City Club The arrangements had been made by Mrs Payson S Wild, Chairman for the family Limitation Committee of the Club There was a large attendance and the women showed themselves ready for definite advances in practical work

February 3 —Mrs Ann Kennedy had a respectful and sym pathetic hearing when she presented the case for the Birth Control bill before the Albany County Medical Association

February 7-The Second Pennsylvania Conference on Birth Cortrol was held at the Hotel Bellevue Stratford in Phila delphia There were two sessions, the first being held in the South Garden on the roof of the Hotel Mrs George A Dunning, one of the Vice Presidents of the Pennsylvania Branch opened the session and the speakers were Mrs Donald R Hooker of Baltimore on "The New Race", Dr Henry E Jackson of Washington on "Overpopulation as a Cause of War', Dr Charles Dudley Saul, "Impressions of a Practising Physician,' 'and Mr Igor Yussepoff Chanuris Anopolsky on "Birth Control in Europe" At the close of the papers Mrs Alice M F Newkirk spoke on the legislative situation in Pennsylvania The evening session was preceded by a dinner, with Dr Kate C Baldwin as toastmistress The principal speaker was Margaret Sanger and there were also addresses

by Dr Sidney E Goldstein and Dr John C Vaughan of New York

February 11—The postponed mass meeting, first arranged for January 4, was held at Parson's Theater, Hartford The theater was packed, with the exception of the upper gallery which the management had not intended to open. The crowd was so great, however, that after the beginning of the meeting late comers were allowed to go up, it being impossible to find room for them elsewhere. Interest was keen, because the bill for legalizing Birth Control had already been introduced in the legislature, and the hearing on it had been set for the following Tuesday. Mrs Sanger was introduced by Mrs Annie G. Porritt, who addressed her fellow citizens as an old resident of Hartford. The meeting was free, but a generous collection was taken up—more than sufficient to cover the cost of the hall

February 14.—The bill for the amendment of the N Y law controlling the giving of Birth Control information was introduced in the New York Legislature by Assemblyman Rosenman of New York, and referred to the Committee on Codes The bill is No 852. It extends the rights of physicians to give contraceptive instruction and prescriptions to all married women. As the law now stands such information can be given only in cases of disease.

February 17—At a very representative meeting of the medical men in New York, at which 45 doctors, members of the County Medical and the New York State Medical Association were present, a straw vote was taken on the Birth Control amendment pending in the New York Legislature The vote was 36 in favor, 1 opposed and 8 not voting

February 20 —The Albany public meeting, stopped on Jan uary 23 by action of Mayor Hackett, was held at the home of Mrs Ernest Pittman The Mayor again exerted himself to suppress the meeting Oddfellows Hall had been secured and the meeting had been advertised to be held there Again the ukase of the Mayor was issued and the hall refused, the Mayor stating that he would not allow the holding of any public meeting on Birth Control Mrs Ernest Pittman offered the use of her home, throwing it open to the public freely, not merely to invited guests The Mayor was informed over the telephone that a public meeting would be held there and was invited to attend He made no answer, and evidently con sidered it wiser not to attempt the suppression of a meeting held under such auspices Over 250 people attended, and many had to be turned away for lack of room. Many of those present were from surrounding towns, for the keenest interest had been aroused all through that section of New York State In audition to Mrs Sanger's speech—the speech which she had been scheduled to give at the original meeting on January 23-Mr Arthur Garfield Hayes of the American Civil Lib erties Union gave an address on the constitutional right of free speech and a resolution was unanimously passed protesting against the action of the Mayor

# The Hearing at Hartford

Mrs Sanger Before the Judiciary Committee of the Connecticut Legislature

ON FEBRUARY 13, in the Old Senate Chamber at the Capitol at Hartford, Connecticut, was held the first legislative hearing in the United States on a bill to legalize the giving of Birth Control information. It was fitting that Connecticut should be the first State to take into consideration the undoing of the mischief which has been done by past obstructive legislation, for Connecticut is the only State whose Statute Books make it a crime to practise Birth Control The bill which was introduced on January 25 would repeal this old law, and moreover would definitely make legal the giving of contraceptive information by doctors and nurses

The bill, HB 504, had been referred to the Judiciary Committee, and according to Connecticut procedure the hearing was before a joint committee of both Houses—two Senators, one, Hon Arthur F Ells, ranking as chairman, and eleven Representatives, one of whom, Hon John Buckley, also ranked as chairman

The Senate Chamber is not large, and long before the opening of the hearing it was packed to the doors were several other bills to be heard before that for Birth Control was reached Most of these bills concerned dependent and delinquent children, and were proposed amendments to a code passed two years ago for the reform of the State system of dealing with these unfortunate young people Almost all of these measures were promoted by the Roman Catholics, and were aimed to secure more State aid for children in Roman Catholic institutions The Roman Catho lics, led by Bishop Murray, were there in force to advocate these measures, which were opposed by the men and women interested in the support of the laws which had been secured, with great difficulty and in the teeth of vigorous opposition, so short a time previously If all the measures thus put forward are passed, it will add many thousands of dollars to the State expenditures for charities and corrections in the form of doles to sectarian bodies

IT WAS A CURIOUS commentary on this zeal in behalf of the poor, whom they have in their institutions, when these advocates of State expenditure, arose to enter vigorous protests against any bill that would make it possible to diminish the number of defective and delinquent boys and girls, through the scientific teaching of Birth Control. The opposition was represented by a lawyer, Mr F E Jones, as well as by Bishop Murray of the Hartford diocese. After they had put forward their case against Birth Control, Mrs Sanger was allowed a few minutes for rebuttal. The attitude of both the chairman of the committee was entirely fair and considerate, and while there was evidently some antagonism on the part of some of the members, and some questions were asked which betrayed either ignorance or

opposition, no attempt was made by any member to embarrass the advocates of the bill

The first spokesman on behalf of the bill was Mr Henry F Fletcher, of Hazardville, through whose efforts the bill was introduced He gave a brief explanation of the purpose of the bill and of the statute which it proposed to repeal He then turned over the case to Mrs Annie G Porritt, who as a resident of Hartford, appeared on behalf of the Connecti cut Legislative Committee of the American Birth Control League She urged the committee to give a favorable report on the bill, as one which would equalize conditions for rich and poor, the rich already having access to the knowledge which is withheld from those who most need it. The bill would cause no expense to the State, but on the contrary would save thousands of dollars in taxes by preventing the birth of the unfit It was not intended to permit the promiscuous dissemination of Birth Control information, but only to place the right in the hands of responsible peoplephysicians and registered nurses Mr Robert P Butler, Cor poration Counsel of Hartford, who volunteered his support, was the next to speak Mr Butler is active in Hartford and Connecticut politics, and has much influence with the Demo cratic minority in the Lgeislature He urged the eugenic value of Birth Control

THE CHIEF INTEREST of the hearing centered on Mrs Sanger, who then took the floor and made a plea for Birth Control She traced its history and development—through disease, famine and war, the cruel methods of nature, to infanticide and abortion, the almost equally cruel methods of primitive man, to the modern scientific measures which make possible responsible parenthood

There seemed some doubt on the part of the committee as to whether the parents of unfit children would exercise Birth Control, if it were within their reach. In reply to a question Mrs Sanger told of the thousands of letters she is continually receiving from mothers who have had one or more feeble minded or defective children, imploring her to help them to avoid bringing more such children into the world. She emphasized strongly the fact that the advocates of Birth Control are not in favor of abortion, but desire only to prevent the beginning of life. If this is murder, she added, then it is murder to remain single

The opposition to the bill brought out the old objections that it was against the law of nature, that it was "atheistic," that it struck at the foundations of Christian family life, that it was an insult to womanhood, and (from a member of the Legislature) that it was a vexatious piece of legislation. In his long harangue against it, Bishop Murray used some curious statistics. He cited the City of Bradford, England, as a terrible example, overlooking the fact that Birth Control has not been openly taught there, and there is no clinic within one hundred miles of the city. In rehearsing the supposed facts, he gave the infantile mortality rate of Bradford, which is very high, largely owing to the

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fact that the mothers are workers in the woolen factories, and are overburdened with unlimited child bearing in addi tion, and compared this infantile mortality with the general death rate in other places He gave one of the more remote and rural provinces of Ireland as a blessed example of a high birth rate, 45 per thousand as compared with 21 or 22 in England, but acknowledged that the death rate in this province was also about 45, just balancing the birth rate, instead of 12 or 13, the average English rate, which allows a fairly high survival rate. He asserted that the natural law, given by the Creator, established the sex function ex clusively for one purpose, and that to exercise it for any other purpose was an unnatural perversion have to convert the whole State of Connecticut into a vast insane asylum," he said, "if people were foolish enough to do this thing, after the law was passed

MRS SANGER WAS WARMLY APPLAUDED, when in rebuttal of these assertions, she pointed out the absurdity of invoking "the law of nature," when in every other respect we have developed far beyond submission to the cruel and unintelligent natural law. She spoke of the high function of sex love in building up the home, and the absurdity of a theory which if carried into practice would mean that in the ordinary family the sex function would be exercised only three or four times during the whole of the married life.

Several doctors had volunteered support for the bill, but of the three who expected to be present, only one was able to get there Statements from two others were given in writing, and other written expressions of approval were after wards sent to the chairmen of the committees

Bills for Birth Control are now before the Legislatures in New York and Connecticut. Every friend of the movement in these two states is urged to get into communication with his or her Senator and Assemblyman, or Representative, and either by letter or personally to show the great interest taken by the voters of the State in the measure, and to ask favorable con sideration of N Y Bill No 852, and Con HB 504. Act quickly, as delay may be fatal to the bills

#### Letter from R. B Kerr, London

London

THINGS ARE GETTING livelier every day over here On Sunday, January 14, we had one of the most inter esting meetings on record, in the Town Hall, Edmonton—John Gilpin's Edmonton, just outside London Every seat was filled, and about 100 stood. It was probably the least high brow meeting ever held by Birth Controllers—at least we suppose so for it was impossible to be sure, as most of the audience kept their hats on through the meeting About half were unemployed, and the other half communists. The chairman was F. A. Broad, the Labor Member of Parlia ment for Edmonton, and he turned out to be a red hot Birth Controller. He asserted that Miss Daniels was discharged because a man complained that she had given his wife Birth Control information, and he expressed the greatest

indignation that anyone should attempt to decide what his wife should know

Miss Daniels was of course the heroine of the evening She made a good speech and was tremendously cheered Among the speakers was Mrs Janet Chance, a daughter of the late Dr Alexander Whyte, of Free St George's Church, Edinburgh, the most famous Scotch preacher of his time The meeting thoroughly grasped the fact that Birth Control is something which the upper classes do not want the workers to know about, and its anger and resentment were very great

The movement is steadily taking hold among the working class. Great good is being done by the lectures of Miss Stella Browne, to women's clubs, in which she explains the theory and practice of Birth Control from A to Z

Whatever the result of the Aldred appeal may be, every body now regards his prosecution for selling Mrs Sanger's pamphlet as a very stupid mistake. It merely brought out the fact that many of the leading people in London are whole hearted believers in Birth Control Sir Arbuthnot Lane, Bart., who is one of the two or three most eminent doctors in London, took the stand as a witness in the trial in the police court, and said that Mrs Sanger's book should be in the hands of every young person about to marry Harold Cox, the editor of one of the two most high brow magazines in the English language, said the same thing Mrs Bertrand Russell and J M Keynes, the economist, have become sureties for the costs of the appeal Aldred defended himself, and did at amazingly well The whole trial was a demonstration in favor of Birth Control, and the magistrate seemed to feel that he was the most insignificant person in the court.

Hawan

The Branch League in Honolulu is holding regular meetings the third Friday in each month. Dr Emily C Dole is the secretary. At the meeting in August a committee, with Judge Sanford Dole as chairman, was appointed to draft a bill making it legal to sterilize certain types of degenerates. The subject for debate in the January meeting had reference to making sex information a part of the curriculum of certain schools in the Islands

WHAT WE WANT is the letting our consciousness play simply and freely upon the facts before us, and listening to what it tells us of the surely intelligible law of things as it concerns them, and surely what it tells us is that a man's children are not really 'sent', any more than the pictures on his wall or the horses in his stable are sent, and that to bring people into the world when one cannot afford to keep them and oneself decently and not too precariously is by no means an accomplishment of the divine will or a fulfilment of nature simplest laws, but is contrary to reason and the Will of God

MATTHEW ARNOLD

"It is hard to keep moral sentiment alive when twenty per sons of different sexes and families are huddled together in the same room"—District Attorney Benton, N Y

# The Menace of Population Growth

By Raymond Pearl,

THE PROBLEM OF population growth is essentially a biological problem It is a problem which has more direct and serious and painful consequences for us and our children and grandchildren than perhaps any other biological problem whatever It is a problem which bears very directly on such homely and important questions as whether we shall have a new automobile next year, whether it is advisable to buy that new home or stay in the old one awhile longer, whether after all a college education for the boy will in the long run produce any better results than high school plus the hard knocks of business life immedi ately administered, or finally, and most significant of all that we hold dearest and deepest in our hearts, whether we shall have any or any more children If my fairly long and somewhat painstaking study of the matter has not wholly misled me, it is my considered judgment that the cosmic process which most fundamentally affects such matters as these I have mentioned, and many others like them which altogether may roughly be designated "standards of living," is the process of population growth

To the problem raised by the steady, never ceasing operation of this biological process attention is invited at this time. I shall try first to show that there is a problem, and what it is. Perhaps there may be some who have supposed that population offers no problem, or if it does that the only question is how to get enough of it. It was not many years ago that we heard a great deal from our most vigorous and greatly lamented President about race suicide. The doctrine was that the civic and social value of a person was in direct ratio to the number of his posterity

BUT ANOTHER OF OUR great citizens, one whom we may perhaps fairly regard as even wiser than the great man to whom I have referred, namely one Benjamin Franklin, said in an essay written in 1751 on "The Increase of Man kind"

Who can now find the vacancy made in Sweden, France, or other warlike nations, by the plague of heroism forty years ago in France by the expulsion of the protestants, in England by the settlement of her colonies, or in Guinea by a hundred years' exportation of slaves, that has blackened half America?

"There is, in short, no bound to the prolific nature of plants or animals, but what is made by their crowding and interfering with each other's means of subsistence. Was the face of the earth vacant of other plants, it might be gradually sowed and overspread with one kind only, as, for instance, with fennel and were it empty of other inhabitants, it might in a few ages, be replenished from one nation only as for instance, with Englishmen. Thus there are supposed to be upwards of one million of English souls in North America (though it is thought scarce eighty thousand have been brought over sea) and yet perhaps there is not one the fewer in Britain, but rather many more, on account of the employment the colonies afford to manufacturers at home. This million doubling, suppose but once in twenty five years, will, in another century, be more than the people of England, and the greatest number of Englishmen will be on this

side of the water What an accession of power to the British empire by sea as well as land! What increase of trade and navigation! What numbers of ships and seaman! We have been here but little more than a hundred years, and yet the force of our privateers in the late war, united was greater both in men and guns, than that of the whole British navy in Queen Elizabeth's time

"In fine, a nation well regulated is like a polypus, take away a limb, its place is soon supplied, cut it in two, and each deficient part shall speedily grow out of the part remaining. Thus (if you have room and subsistence enough), as you may, by dividing, make ten polypuses out of one, you may, of one, make ten nations, equally populous and powerful, or rather, increase a nation tenfold in numbers and strength."

SOME FORTY YEARS later the great clergyman economist, Malthus, wrote his epoch making "Essay on the Principle of Population," one of the greatest books the human mind has produced, so far ahead of its time that in the main his argument is truer and more significant today than it was when he wrote it

In his opening chapter, Malthus said

"I think I may fairly make two postulata. First, That food is necessary to the existence of man. Secondly That the passion between the sexes is necessary, and will remain nearly in its present state,

Assuming, then, my postulata as granted, I say, that the power of population is indefinitely greater than the power of the earth to produce subsistence for man'

The problem of population has never been better defined than in these words. It may be put into schematic form in this way.

- 1 The habitable area of the earth, however broadly one may define "habitable," is definitely limited
- 2 There is no innate or inherent biological limitation to the rate of reproduction of mankind
- 3 Therefore eventually the habitable area of the earth must become completely saturated with human population, with so many people in short that no more can possibly live thereon, and those who are living can only maintain life with the greatest difficulty, without either ease or comfort

Now, is there any ground really for so gloomy a picture? Mr Babbitt and his optimistic friends of the business world assure us that there is not—that this great and glorious land of ours will alone forever support an ever increasing population, that anyone who suggests the contrary is certainly not a 100 per cent. American and is in fact probably pro German, and will in good time be dealt with as he deserves by the Ku Klux Klan or the Anti-Saloon League or by some other of the numerous 100 per cent agencies, so nobly organized to convert this country, as soon as possible, into the land of the fettered and the home of the cowardly, if I may venture to bring up to date one phrase of our national anthem

TO CIRCUMVENT MR BABBITT and his friends, suppose we look at the matter from the standpoint of the whole world, rather than that of the United States This must be wholly

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unobjectionable because we have lately in set terms officially repudiated the doctrine that we are for any practical purpose even an integral part of the world

I have recently (Geographical Review, Oct., 1922) made an examination of the existing world statistics of population and production and consumption over roughly the period covered by the nineteenth century for certain commodities, and, from necessity, for a shorter period for others. Let us consider briefly the results

In the first place it appears that the world's population increased in the century somewhere between two and two and a half times This is, in itself, not an extraordinary figure and would appear to be nothing to be in any way alarmed about It is far smaller than the rate of population increase under special circumstances, where the population of a par ticularly favored area may double itself in fifteen to twenty

But, while the population was increasing at the most two and a half times, the world's coal production and pig iron production increased from fifty to seventy times and by 1917 had increased nearly 100 fold over the conditions of 1800 The world's cotton production increased in the same period twentyfold, the world's commerce, a little more than that, the world's shipping increased something like eightfold, while the railway mileage increased, in the period from 1830 to 1917, by roughly 3,000 fold, and the telegraphs 300 fold

In the face of such figures as these, one may well ask, "Where are we going?" No sensible person will for a moment, suppose that such increases as those for cotton production, coal production, or pig iron production can go on indefinitely at the rate shown in the 117 years covered It would be manifestly absurd Yet, on the other hand, it must be remembered that these figures are world figures, approximate if one pleases, but on the whole certainly not far from the true, unknown, facts This consideration means that the population of the world, in one way or another, has used up in the business of carrying on its life all of the coal, all of the pig iron, and all of the cotton for which the production trends have been as stated. There is no such thing as "interworld" trade Therefore it cannot be asserted that a part of this production went for export and conse quently need not be worried about Trade relations have still to be established with the other planets. When we look at the facts of world production, we are also, and im plicily, setting before ourselves the data of world consumption using consumption in the broad sense of usage plus wastage

ESSENTIALLY THIS SAME thing that we have been looking at is going on relative to food, although world food sta tistics, even for the most important crops, are not available for anything like a century, nor are they very accurate rough as they are, their trends are probably reliable appears that during the twenty years prior to the world war the world production (and consumption) of such staple crops as corn, wheat, oats, barley, potatoes and sugar was increas ing at a distinctly more rapid rate than population

Now it appears to be true that the whole fiber of our social organization is bound up with the consumption of about the indicated amounts of products In other words, so much coal and so much pig iron and so much cotton were produced in the last century because the world's people needed them, or, at least, thought they needed them to main tain and continue their lives, individually and collectively, in the way they were doing and presumably wanted to do Put in another way, there seems no escape from the con clusion that the present stage of the development of the world's civilization requires about the ratios of production to population shown on the chart in order to maintain itself and continue at its present standards of living

But there at once follows a most significant corollary from this If it be granted that the coal and pig iron production, for example, cannot by any possibility be projected for an other century or two along the same lines that their pro duction has followed during the past century, then it must be that, unless the rate of increase of population slows up, the ratio between the production of these goods and the population which has been maintained in the past cannot possibly be continued in the future

What is happening in regard to population growth? For some time past I have been engaged in the study of this problem, both from the statistical and the experimental points of view The net result of these studies, as yet only partly published,\* has been to establish two laws of population growth, which make possible the prediction of future popu lations under certain conditions These laws may be stated as follows

#### I The Law of Population Increase in One Epoch

POPULATION STARTING at a beginning as near as pos  ${f A}$  sible to zero grows at an ever more rapid rate of increase until a time is reached where there is the optimum relation be tween the number of individuals existing and the means of subsistence in the fixed area to which the population is confined After that point the population continues to grow but at an ever decreasing rate per unit of time until finally a point of saturation is reached where no more individuals can be supported by the available means of subsistence

#### The Law of Self Regulation of Populations

Populations tend automatically so to adjust their birth rates and death rates, in the face either of normal circumstances, or of catastrophes and calamities, as to maintain a steady onward growth in accordance with the first law

The large mass of evidence which we have accumulated in support of these two propositions will shortly be published in book form, it is hoped

<sup>•</sup> The chief discussions of these results so far as published are to be found in the following

Pearl R and Reed, L J Proceedings of the National Academy of Sciences, Vol 6, pp 275 288 1920, Vol 8, pp 365 368, 1922, Pearl, R. 'The Biology of Death' Philadelphia (Lippincott), 1922 Pearl, R and Burger M L Proceedings of National Academy of Sciences, Vol 8, pp 71 76, 1922

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It must be apparent to anyone who has given any real thought to the matter, or who has made himself acquainted with any substantial part of the pertinent facts, that the world's population cannot go on increasing in the future as it has in the past. The population problem is a real problem of far reaching significance, which cannot be indefinitely neg lected, without having the neglect bring in its train an un justifiable amount of real suffering

This brings us to the real crux of the matter What shall we do about it?

In the first place, we now see clearly, through the operation of what I have called the second law of population, which postulates the self regulatory character of population growth, that none of the traditional checks on population, such as war, pestilence, and the like, offers any real solution of the problem. If these calamities, and they are calamities because they involve a vast deal of human suffering, are of sufficient magnitude to make a sensible deflection of the steady, onward march of population increase, their effect is only momentary. The curve of growth comes in a very short time—at most a few years—back to its old course.

THE REAL SOLUTION is obvious. There must be a restriction on the rate of reproduction of the human species, taken as a whole and in a statistical mass. Furthermore, as every biologist knows, there will be such a restriction. In most populations it has already begin. The question which one

has to think about is shall this restriction be wholly in voluntary and unintelligent—forced by the stern pressure of natural causes, of famine and disease due to exposure and hunger, with all the bitter suffering which this implies, or shall it be in some part voluntary and intelligently controlled? If mankind, organized into a social structure, deliberately and purposely sets itself to the task of intelligently controlling its rate of reproduction, the world can continue indefinitely to be a pleasant place in which to have one's being. If mankind refuses to do this, on any grounds whatever, our children's grandchildren and great grandchildren will probably see such an amount of suffering, a standard of living so lowered, as to make even these parlous times seem paradise indeed.

To make the voluntary and intelligent regulation of parent hood, birth control in short, a really effective contribution to the solution of the problem of population will be a task of extraordinary difficulty. It will demand a patience, an intelligence, and a zeal on the part of those who carry the gospel, such as human beings have rarely been called upon to put forth. How much can be accomplished that will have a statistically significant effect upon the rate of population growth remains to be seen. But of what the consequences will be of a failure to reduce materially this rate, I have no manner of doubt. If anyone has, I only ask him to con template the picture of human misery, squalor, and general wretchedness which the really densely populated portions of the earth's surface present today.

# The London "Spectator" On Birth Control

THE LONDON Spectator, probably the most highly moral of all British non religious publications, which is de scribed by its friends as the "organ of all right thinking people" has come out openly for Birth Control It has been urged to this course by the prickings of the social conscience in regard to infant and child welfare In the issue for February 3rd, commenting on Harold Cox's recently published book, "The Problem of Population," it writes "A child is a valu able and precious creature We want infants to be more carefully and scientifically tended, we want children to be more intelligently brought up, we want our young people to be more thoroughly, more inspiringly taught, we want the whole of our people to live in such surroundings that a civilized existence is possible to them. It ought to be con sidered wicked and unforgivable, rather than inevitable, to neglect an infant, to provide for a child of five or six nowhere but a dirty street to play in, to teach boys and girls four or five dozen at a time We rarely develop beings, either physi cally or mentally, as we know they can be developed But what can we do We realize the defects in the workings of our homes and our schools, we know that the young person going into business is up against a real struggle for existence But of England, De Quincey's dreadful sentence about the Chinese is now true, 'Man is a weed in that region' We can

not take human beings seriously because we have not yet assimilated the new morality" This new morality means the acceptance of Birth Control "The use of contraceptives," continues the Spectator, "is not immoral It is immoral to bring into the world children who are unwanted, likely to suffer from some hereditary disaese, beyond the number whom the parents can reasonably expect to support till the comple tion of their education" "We condemn cruelty to children," continues this exposition and defence of the new morality, "but where is there a cruelty so terrible as that which con demns a child to the life in death of the slums? But the slums are the outcome of over population" Side by side with this clear sighted exposition of the advance we are making in social morality, we may set the despairing but submissive utterance of a Canadian woman, in hospital for the birth of her 23rd child This woman submits, but her idea of the God who torments her must be of a cruel and despotic tyrant Accord ing to the newspaper, this woman, 42 years of age, and married at 17, after giving birth to 23 children and burying fourteen of them, could only say "It is the will of God, God would punish us if we did not have babies" Poor woman! Poor babies! Poor clergy, who in their teachings so construe God's purposes as to make it His will that people should be thus afflicted after he has given intelligence to mankind and guided our scientists to the discovery of means for Birth Control

# 6,077 of These Letters Came Last Month

Is There a Demand for Birth Control?

#### Married at 15-Five Children at 22

W yoming

Dear Mrs Sanger

I am writing to you like I suppose thousands of other women are writing today, and that is what I am asking, what to use to keep from having so very many children. I have four living children and one dead. I am only 22 years old. I am very weak for I have had five children in six years. And my husband also is sickly for he has miner's asthma. Sometimes he is unable to work at all for two or three weeks and then I have to wash my neighbor's clothes to make a living for six people. I often wonder what would become of us when my husband cannot work at all, or if he should die

I was married before I was sixteen. My mother died when I was 12, leaving my sister and myself with a father who would not care for us as he should. We were hungry a great many times. Our mother had nine children counting us out,—they all died, some when they were born, and two daughters died in childbirth. So you see we are not very healthy

I will certainly see that my country people, who are Austrian, and others, too, get your book, and help to do away with slavery

Please write me soon and tell me some way I can keep from having any more children

#### Fifty Dollars a Month to Keep Six

Georgia

Dear Mrs Sanger

Will write you a few lines I ordered one of your books, "Woman and the New Race," and have read it and think it is the greatest book I ever read—if your advice was carried out.

I am the mother of four living children and four dead. I am thirty years old Will you please, for my four living children's sake, give me the right information. My husband works at public work for \$50 a month. You readily see we are not able to raise and nourish these four without any more. Please, for my sake and my children's sake help me at any price.

#### Father Tuberculous

Nebraska

Dear Mrs Sanger

I am writing to you to ask you to help me I have five children, three girls and two boys, and lost two, and all of these I have are sickly, for their father has lung trouble, and I am not very well I only weigh 96 pounds. I love children My baby is sixteen months old now and I just dread to have more children when we are in such poor health and luck. We don't own our home, but have to rent most of the time Sometimes we work by the month for some

one on a farm, but the wages are so low, and so much sickness that we don't have all we want

I will close I hope you can help me, hope to get a reply from you soon

#### Cannot Afford to Buy the Right Food

Colorado

Dear Mrs Sanger

I have just finished reading your wonderful book on Birth Control And I wonder if you could help me to keep from having any more children. I am only twenty three years old and have had five children. Four of them living, my baby is six months old, and I would like not to have any more, as my husband is a store clerk and only gets ninety dollars a month. We only have three small rooms as we cannot afford to pay for more, and I know the children do not get the right kind of food, as we cannot afford to buy it. I am not very strong and have not been able to nurse one of my babies Please help me, Mrs Sanger, tell me what to do, as I could not appreciate anything more than to know how to keep from having any more children. Thanking you very much

#### A Catholic Woman's Protest

New Hampshire

Dear Friend

Please pardon my bold forwardness in calling you friend. But that is just what you are indeed to all womankind

I am a young woman, only 25 years old, and have been married four years and have three babies and I am now in constant fear to find myself in for another trial. I have a good man, but he is like the rest when desire takes him, it has to be satisfied, and when I don't feel very well, I find it quite distasteful to even have him near me. Besides this, I am an asthma sufferer for the past five years and I am in constant fear that my poor little ones may suffer as I have. Now do you think that I am doing the right thing to bring children into the world, when I can't give them proper care?

I am a Catholic, but I do not believe or uphold them in their thinking that no matter what the condition of a woman may be and that a woman must be a slave, if it should cause her death and leave a man alone with a half dozen or more youngsters that she was a good woman to die so Yes, but what about those poor little ones? When the mother is gone, she is never to come back, and those poor little ones will never know a real mother's love.

Mrs. Sanger, I bought and read your book on "Woman and the New Race" I admire you and I surely did enjoy that book, but I was disappointed in not having the full instructions on what one could do that would be safe to practise Birth Control

Now my dear Mrs Sanger I do wish you would send me further instructions on this matter. As I have told you before, I don't feel able to have more babies just at present, for I am all worn out and tired and I am afraid that if I keep this pace up very much longer I will either be a burden for someone to care for or die, and I just like many others, want to live as long as I can. Please do let me hear from you, as I am sure you will be helping one who really needs it

#### Four Babies, A Two-Room Shack Saskatchewan

Dear Mrs Sanger

Having just received one of your books of Birth Control, I am writing to you for some of your advice I am an Eng lishwoman of 21, with four babies, the eldest only three I married at seventeen, at eighteen my first one was born, at nineteen I had twins, and at twenty I had a boy I had a miscarriage when my boy was seven months old. My babies are well and strong, the eldest walked at nine months, but the trouble is, I am not strong myself, and being poor we live in a small two roomed shack, where there is no room for them to play, so they are a lot of trouble to manage, as, being thoroughly healthy, they are always into mischief and fight ing all the time. It makes me sick with the worry with them, so you see I feel I would sooner die than have any more worry added to it I also feel that they should have more care than what they get, but how am I going to give it them if I have any more? So would you please tell me what to do to keep from having any more, as I can't get the information around here anywhere

# The Distorted Knowledge Unguided Youth Acquires Michigan.

Mrs Margaret Sanger, Dear Madam

Have just finished reading a copy of your book entitled, "Woman and the New Race," which I sincerely believe should be in the hands of all young married people and a great many elderly couples, as a guiding light.

I, myself, was reared by a conscientious but strict moral widow, who believed that everything regarding sex should be learned after the marriage ceremony, consequently such knowledge as I possessed at the time of my marriage—eleven years ago—was of the distorted kind unguided youth acquires in its own way

I am thirty six years old, my wife nine years my junior, and we have a family of six children to provide for from a laborer's income.

Our oldest child is ten years old, our youngest four months, this making a family all and more than I can support, and it was the hope of gaining knowledge to limit our offspring to this number that led us to send for your book, which, while stating that there are ways and means to secure that end, does not enlighten us as to where or how that can be obtained.

We have tried the being careful plan (it doesn't work) and almost all other ideas known to the common people I am now appealing to you, whom I have heard is an author

ity upon this subject, if you possess this knowledge or can direct me to where same can be secured, to impart to us that which will relieve the despair of our lives, earning our everlasting gratitude and appreciation. Price and money will not stand in the way to the limit of our resources, as we both realize something has to be done, we simply can not continue in this way, even if it becomes necessary for us to live apart, which we ardently hope and pray to find some way to avoid.

#### Wasted Lives

Ohio

Dear Mrs Sanger

I am writing to you to see if there is any help for me I was married in 1916, then sixteen years old, my weight, 128 pounds I was married ten months and 23 days when my first baby came. In one year a two months' miscarriage, and on August 12, 1919, a little baby girl that only lived a couple of hours. In three months another miscarriage, and in three months more, I am looking to be confined again. My oldest boy is less than six years.

I almost think it impossible sometimes that there is help for me. It is not because I don't love babies, but it is because I can't stand no more. My weight is 96 pounds, and I can't hardly drag myself around after the work and care for my two children. Now, Mrs. Sanger, if there is any help for me, it would be a godsend as I don't know whether I can stand this or not. The doctor refuses to help me, saying that as soon as this is over, I can go through an operation, and then be stronger. But if you can help me I would do most anything, for I can't care for any more babies

#### A Doctor's Protest

England.

Sir

I have read the articles on so-called birth control in your paper with disgust. It certainly is true that there are contra conceptives known to the medical profession, but it is a lamentable state of affairs when people outside that profession begin to teach the public bow to acquire and use them and so avoid parenthood. I am what is known as a "general practitioner"—a family doctor, and how, I ask you, is a family doctor to practise if there are no families for him to minister to?

My own practice, in a crowded centre, consists largely of confinement cases, and I should be acting against my own interests as well as against my own convictions if I were to put all my female patients as wise as myself in the matter of avoiding child bearing. Even a doctor must live, and though occasionally a woman dies indirectly of having too large a family such cases are neither numerous nor normal A woman is intended by nature to have children, and if she wants to escape her lot she should either remain a spinster or induce her husband to be more self restrained

I consider that you are following a mistaken policy in opening the pages of a popular periodical to discussions which may encourage women to shirk their manifest duty 70 The Buth Control Review

# **Press Clippings**

BACKWARD CONNECTICUT

TEW YORKERS MUST BE grieved by evidence of the low state of civilization and morality in an adjoining Commonwealth A bill has been introduced in the Connectiout Legislature to permit the giving of information about Birth Control, under proper safeguards, and a hearing was asked of the Judiciary Committee on the principles involved

Here in New York we know better than to permit dis cussion of the desirability of amending the laws Our police last year broke up a meeting for that purpose and arrested speakers almost before they spoke, though even they had to be prodded into action by outside influences The Mayor of Albany, a bolder man, not long ago forbade a Birth Control conference on general principles But in Connecti cut the Judiciary Committee of the lower house consented to a public hearing Margaret Sanger was allowed to recite statistics about the population of Holland and to plead that poor women be allowed the information which almost any well to do woman can get now The Catholic Auxiliary Bishop of Hartford stood up and said his say against the bill, like any other citizen And, since Connecticut seems to be tame as well as backward, it does not appear that there was any rioting or violence, any giving of illegal information, or any other of the dread consequences fear of which leads New York authorities to put on the lid.

The Mayor of Albany ought to request the League of Nations to give him a mandate for Connecticut

-Editorial, N Y Times

January 15, 1923

#### ALBANY'S PRUSSIANISM

ITIGH HANDED POLICE INTERFERENCE with the conference of the American Birth Control League in Albany a few days ago is reminiscent of New York's experience in the fall of 1921. Then, as now, no legal objection could be found or offered as a reason for forbidding the meeting of the league. In both instances group intolerance of the subject to be discussed was allowed to outweigh the law. And although the league is incorporated under the laws of the State of New York, the Mayor of Albany announced that he "figured it would be impossible for any one to talk on such a subject and keep within the law." So he called the meeting off "for the best interests of the morals and the good of the city of Albany."

The Albany women behind the conference naturally resent the interference that they are supporting an immoral and improper movement, and they have called on the Mayor for a retraction of his statement and a withdrawal of his objections. They rightly consider his action an invasion of their constitutional rights of freedom of speech and peace ful assembly

Interference by one group of citizens with the constitutional rights of another group is much too common to be overlooked. And the fact that it is possible to utilize police powers to prevent people from discussing questions in which

they are interested is a matter for serious consideration by the public. There will always be differences of opinion on great questions, but there is no reason why any group should impose its prejudices upon the rest of the world to the extent of shutting off the right of speech

There is no reason why the opponents of Birth Control should not incorporate and hold meetings. It is quite safe to say that neither the police nor the administration of any city would interfere in any way. Let us have fairness and justice in this and all controversial question from the administrators of the law—N. Y. Tribune. January 29, 1923

MARGARET SANGER'S RECENT COMING to Baltı more with her Birth Control propaganda has made more apparent what has long been clear to thoughtful people

Either the State must permit the women to be taught how to have fewer children, or it must set aside funds to aid those mothers, who are willing to have children

The rich, who are able to support large families, are the first to learn the secrets of Birth Control. The poor, to whom Birth Control secrets are barred by law, become poorer still because they must provide for the ever increasing number of children

If there is any information that can prevent a mother of ten children from having any more, no State or Federal law should prevent her from obtaining it.

-The Afro American, Baltimore

# Extract from a Letter Addressed to the Income Tax Bureau, by One of Our Friends and Supporters

Gentlemen

I cannot frankly and honestly see any reason for your ruling on the American Birth Control League, as it is recog nized as educational and philanthropic. Every organization that has a new idea has to make a start, and all the people engaged in this work do it for the sake of humanity. In fact, over population is the most serious subject discussed today in every English-speaking country. Our asylums are filled with the feeble minded, insane and orphans, all of which I, as a tax payer, have to assist in supporting

This cause is being antagonized only by a religious or ganization, which does not happen to have the same view point as other Christian bodies. Anybody has a right to practise what they believe, but they have no right to impose their wills on others who may not have the same viewpoint

We have clinics for ears, eyes and nose, and for tubercu iosis, and nurseries to take care of mothers and babies, but nothing is done to help the poor woman, the diseased, destitute, down and out woman, from bringing more of her kind into this world for the fit people to take care of

IN THE GREAT WORLD WAR less than two men out of every hundred were killed in battle During this time accordingly, a soldier in the trenches was six times as safe as the baby in the slums

HENRY DWIGHT CHAPIN, M D

# TO ALL OUR FRIENDS

'N two State Legislatures there are now pending Birth Control bills, which would make legal the giving of contraceptive advice by physicians, and consequently the establish ment of Birth Control clinics

In New York, the bill (No 884) has been referred to the Committee on Codes and a hearing will be held early in April

In Connecticut, the bill (H B 504) is in the hands of the Judiciary Committee and the hear ing has already been held

We want our friends in every State of the Union to aid us in getting this pioneer legislation safely on the Statute Books

To everyone in these two States, we say

Write to each member of the Committee in charge of the bill Tell him you are interested in the measure and urge a favorable report on it. Write also to your Assemblyman or Representative and to your Senator asking them to vote for the bill when it comes before them

To all friends in other States we say

Think over your friends and acquaintances Do you know anyone in New York or Connecticut If you do, write to them; tell them about these bills, tell them of your interest, and urge them to give the bills their support

Success in one State will help on the movement in every other State

Below we give the text of each of the bills and the names of the men on the respective committees

#### **NEW YORK**

#### No 884

#### AN ACT

#### To amend the penal law, with reference to the furnishing by physicians of information and articles for the prevention of conception

The People of the State of New York, represented in Senate and Assembly, do enact as follows

Section 1 Section eleven hundred and forty five of chapter eighty eight of the laws of nineteen hun dred and nine, entitled "An act providing for the punishment of crime, constituting chapter forty of the consolidated laws," is hereby amended to read as follows

§ 1145 Physicians' instruments and advice An article or instrument, used or applied by physicians lawfully practicing, or by their direction or prescrip tion, for the cure or prevention of disease, is not an article of indecent or immoral nature or use, within this article The supplying of such articles to such physicians or by their direction or prescription, is not an offense under this article The giving by a physician lawfully practicing, to any person, married or having a license entitling him or her to be married duly and lawfully obtained by him or her, of any information or advice in regard to the prevention of conception, on the application of such person to such physician, or the supplying to such physician, or the supplying by such physician or by any one on the written prescription of such physician to any such person [on the application of the said person to the physician] of any article, instrument, drug, recipe or medicine for the prevention of conception, is not an offense under this article

§ 2 This act shall take effect immediately EXPLANATION-Matter in italies is new matter in brackets [ ] is old law to be omitted

#### **COMMITTEE ON CODES**

Hon	William Duke, JrRej	vWells
Hon	William W Campbell '	Schenectady
Hon	Burton D Esmond "	Ballston
Hon	Russell B Livermore	Yonkers
Hon	James R Robinson "	Ithaca
Hon	Henry W Hutt "	Buffalo
Hon	Horace M Stone	Marcullus
	Edwin J Carpenter "	
Hon	Edward J Walsh Den	1 Bronx
Hon	Frank R Galgano "	New York
Hon	William Lyman "	New York
Hon	Francis Cronin '	Brooklyn

#### CONNECTICUT H B 504

#### AN ACT CONCERNING BIRTH CONTROL Be it enacted by the Senate and House of Representatives in General Assembly convened

Section 1 The giving by a physician licensed to practise or by a duly registered nurse to any person applying to him or her, of information or advice in regard to, or the supplying by such physician or nurse, or on a prescription signed legibly by him or her, to any person applying to him or her, of any article or medicine for the prevention of conception shall not be a violation of the statutes of the State Section 2 Section 6399 of the General Statutes

is repealed

#### **SENATORS**

Arthur F Ells\_\_\_\_\_\_Waterbury Frank L Wilder\_\_\_\_\_Bridgeport

#### **REPRESENTATIVES**

Raymond A Johnson	S Manchester
Benjamin W Alling	New Britain
Ernest L Averill	Branford
John Cunliffe Jr	East Haven
Edward L Kelly	Colchester
Daniel M Cronin	New London
Frederick A Hubbard	
Elbert L Darbie	Danielson
J Mortimer Bell	Salisbury
George R Sturges	Woodbury
John Buckley	Hartford

#### **Book Reviews**

#### A Review by Howard E Jensen

THE SOCIAL TREND, by Edward Alsworth Ross. The Century Co., N Y pp 235 \$175

In this volume Prof Ross has collected a number of previously published articles covering a variety of social topics, to which he has added a number of essays not heretofore available. Altogether he has produced a stimulating book for the layman in the social field, covering in a style unusually lucid and forceful a variety of subjects, such as immigration, the frontier, philanthropy, prohibition, legal and business ethics, job tenure, free speech militarism, etc

The second essay, on 'The Necessity of an Adaptive Fecundity,' is of special interest. Prof Ross deplores that the term "race suicide," coined by himself twenty years ago, has lent itself so readily to the use of portentous bigwigs to send a chill down the spine of their hearers," as they point to the restricted families of the enlightened peoples as if to a rapidly spreading moral leprosy The fallacy of superficial conventional moralizers consists in their failure to recognize that a birthrate is not an absolute measure of population increase or social wellbeing. It can only be properly interpreted in relation to the deathrate and the economic prospect of the people concerned To bring the discussion into the field of concrete social realities, Prof Ross applies the test of arithmetic. If medical science should make no further reduction in our deathrate, and our birthrate should expand to equal that of French Canada, America would at the close of this century contain three billion people, "thrice the population of Asia and Africa today with seventy million folks thrown in for good measure." But "suppose that, instead of looking at the performance of other peoples, we should go to our ancestors for a standard through the forty years intervening between the inauguration of George Wash angton and that of Andrew Jackson, the natural growth of our popula tion averaged three per cent. a year Should we equal their record for the remainder of this century, the American people would then be two-thirds as numerous as the present inhabitants of the globe<sup>†</sup>" America's real problem, therefore, is not a declining birthrate, but the fact that "curtailment of fecundity is most practiced by the capable and ambitious and least by the mert and commonplace" Hence the need of policies looking toward the reversal of this differential in the birthrate, bringing about "less prudence in the good homes, and less recklessness in the hovels and tenements"

Thus Professor Ross shifts the moral issue which now is concerned, not with maintaining a traditional birthrate, but with bringing about an adaptive fecundity upon which society will in the future depend not only for its rise in intelligence level and in its standard of living, but also for relief from the menace of militarism and the burden of competitive armanents. For is it not idle to hope for permanent peace in a world in which various races and nationalities on diverse planes of culture reproduce with no regard for the economic prospect?

Of equal interest are the essays on "The Changing Domestic Posi tion of Women" and "Women in a Man Made World" Prof Ross questions the view that the entrance of women into industry politics and the professions will have a masculinizing effect upon society Quite the contrary now, that it is easy and safe for a woman to earn her bread, and now that in almost any walk of life she can go about without the male protector at her side, there is a refusal of matrimony not only by those with a gift, a call or a cause, but also by those who lack the instinct for mating and children. Women of a certain neuter or even masculine endowment are now for the first time withholding their heredity from the stream of life. This means that each generation of women will be the daughters of the more feminine members of the previous generation. If, therefore, the rejection of marriage and motherhood by one woman in a dozen has any racial effect, it ought to make the female sex in the course of time more truly feminine in its instincts. Whether this confinement of motherhood to the more feminine women will affect the psychic endowment of their sons as well as their daughters is a very interesting query. This query the author makes no attempt to answer. Any answer would necessarily be a priori. But he has at least done us the service of raising it as a challenge to current dogmatic assertions as to the racial effect of the revolt of "Women in a Man Made World."

#### A Review by Lawrence K Frank

THE NEXT STEP, by Scott Nearing Nellie Leeds Nearing, Ridgewood, N J, 1922 p 167

The latest book by Scott Nearing The Next Step, is concerned with a plan for economic world federation through the co-operative organization of producers (i.e. workers). It consists of three parts a discussion of industrial methods and the handicap thereon of existing political and economic life an outline of a world economic federation, its organization and operation and finally, a general discussion of social progress, economic evolution and so on

It will indicate the character and nature of the book to point out that the question of what is to come (the next step) in social evolution may be approached in two ways the rate and direction of social change may be studied, to determine how and when changes are coming, what alterations in institutions, customs and habits are taking place and, more specifically, what new forms of economic activity are being developed. Or one may address himself to the task of planning out, a priori, the kind of political economic life, which the predilictions and preconceptions of the planner make desirable and plausible. Mr. Nearing's book follows the second way and is a plea for the reform of the world in accordance with the ideas and conceptions already made familiar by G. D. H. Cole and others. It is interesting to note in this connection how the older program of state socialism has been laid to rest by the war.

Within the limits of the review only a few comments and observations are possible

It is interesting to note, in the first place, that Mr Nearing omits all reference to control of population growth as a means "of generating a chosen future out of the given present". This is significant in more ways than one, because social reform is a question of changing the habits of behavior and of thought of people, the habits of behavior and of thought which give rise to, and support, an unrestricted, un controlled birth rate are, so to speak, central to most of the economic and political habits he seeks to change. That is to say, the same rationalizations of competition, profit seeking, nationalistic enterprise, imperialism and so on, as desirable and beneficient conduct serve to defend and uphold the uncontrolled birth rate. Were it not for France one would be tempted to say that the behavior of peoples was socially desirable in proportion as they controlled their births, but birth control is not a panacea.

Another aspect of the book worthy of attention is this nearly all 'big business' men will agree with Mr Nearing that competition, individual enterprise and so on are obsolescent, as witness the "trust" movement and the development of integrated industry in which small enterprises are brought into the relation of subsidiaries to large cor porations. They disagree with Mr Nearing, however, as to the direction of the "next step"

Again one is moved to remark upon the confident expectation of Mr Nearing and others, who advocate the same, semi soviet organization, that committees of producers (workers) will be guided, in their committee decisions, district, divisional, national and international, "as by an unseen hand", to work for the benefit of the whole of society Adam Smith had the same faith in individual initiative and enterprise and it should occasion no astonishment, if Mr Nearing's proposals, when, as and if, adopted, should generate the same skepticism we now feel toward Adam Smith's lassez faire doctrine

If we are to have an international integration of industries, whereby production and distribution will be governed by budget or program (not by fluctuating prices and the profit incentive), as in the U S Steel Corporation's control of the source of its supplies, or the Ford automobile industry, then it is to be hoped that the organization of such international integrations will be preceded by more national integrations whereby some experience and techniques will be gained It is simple enough to outline an international organization on paper, but any one who has had the task of making one single organization function according to plan or schedule will know that organization charts and plans of operation are merely the syllabus for instruction The vision of Mr Nearing may be realized, no one will deny that our economic and political life is lacking in intelligence, whatever else they may say about it. The reviewer is unable to dismiss the question which always arises when reading a book such as "The Next Step,' namely, is the problem of social reform one of devising elaborate plans and programs for future society, or is it a question of finding out how to make people see nakedly and objectively, what they are doing at present and how we can break up those fixed habits of behavior and thought which we call economic, political social life? The reviewer inclines to the latter view, because it appears that if we could emancipate the intelligence of people (which would be necessary to realize these elaborate plans and programs) then such plans and programs would be not only unnecessary, but unwise In the words of a recent article by L L Bernard, 'Not magic nor traditional culture nor the faithful trusting heart, but the knowledge and tech nique of science, can set men free from the forces mainly of ignor ance and fear which have enslaved him

THE COST OF LIVING, by Walter E Clark 168 pp 1915 A C McClurg & Co

Professor Walter E Clark's little book on the Cost of Living was written in 1915. It is a discussion of causes which are commonly be lieved to account for the rising prices between the years 1896 and 1913 Professor Clark calls attention to the fact that rising prices within this period are a phenomenon not confined to the United States but found in all the countries of the world except those on a silver basis. He con cludes that the cause is not to be found in the trusts or the tariff, in transportation rates or labor unions, in undue profits of retailers or in speculation and extravagance While these may have had some effect on particular commodities in particular markets, abundant evidence is adduced in his 168 pages to show that these could not be regarded as the determining factors. The increase in demand due to the growth of population and a rising standard of living he believes is more than offset by the increase in supply due to the same factors There has been, on the other hand, a very real exhaustion of our natural resources, but the rise in prices is by no means confined to the commodities affected by this exhaustion He concludes, therefore, that the fundamental cause lies back of all these and is in fact the greatly increased supply of gold, in terms of which prices are assessed. It would be futile to deny the influence of the gold supply on the phenomenon in question. One might however still cling to the belief that the accumulated increments due to the factors which Professor Clark minimizes might have an influence not inconsiderable, particularly the wastage of energy and effort in our extremely clumsy, intricate and topheavy system of distribution

After showing the effects of rising prices on business activity, wages, security values and debts, the author concludes that the phenomenon is not wholly bad and, in fact, stimulates indirectly social reforms. The very cheapening of gold due to the increased output will in time produce a situation where it is not profitable further to mine gold, while the increased volume of world business will probably overtake the money service. Thus an equilibrium will be attained and general prices will cease to rise. Professor Clark suggests 1930 or 1940 as a probable date of this development.

Cambridge Mass

#### PERIODICALS

The Modern Review (Calcutta) for January is largely concerned with the related Hindu problems of child marriage, remarriage of widows, the high death rate among Hindus and the difficulties placed in the way of normal marriages by the custom of bridegroom and bride price. It quotes from its contemporary in the vernacular Stri Dharma, the statement that in the Andhra district of Madras among the Kalingis (Hindu) 664 out of every 1,000 children under ten years of age are married. At the same time the survival rate of the Hindus is much lower than that of the Musalmans. It is also noted that the mortality in Calcutta in 1922 was three times that in London although London is seven times as large as the Indian metropolis. In India, disease and a high death rate are natural and inexorable checks on an increase of population which under present economic conditions the country could not support. These natural checks are supplemented by mar riage customs which have a very definite deterrent effect on population growth.

Asia (New York) for February contains an article on Witch Doctoring in Melanesia which throws light on the problem of depopulation in the Pacific Islands. The introduction of some shreds of the white man's civilization has done little in many of these islands to improve the condition of the people, but much to raise the death rate. The diseases and poisons of civilization are proving too much for these infantile races with their primitive ideas of medicine and hygiene. The problem of population if the native races are to survive seems to lie in the bringing about of a better balance between the birth and the death rate through the supplementing of the evils that the white man has introduced by the benefits of modern hygiene and midical science.

The Nation (New York) for February 7 printed an editorial reflecting severely on the lawlessness of the Mayor of Albany in preventing the holding of a meeting on Birth Control, at which Margaret Sanger was to have spoken. It compared his conduct with the attitude of the Ex Governor of Colorado, defeated in the last election who is said to have declared that he didn't need no law." Judging by the many comments on the Albany incident it is becoming clear that the opponents of Birth Control are being classed with the Ku Klux and the advocates of lynching, when they undertake to substitute their own ideas of "higher morality" for the law of the land

The Journal of Social Hygiene (New York) for February in an article on "Social Backgrounds of Sex Education" throws a sidelight on why many girls go wrong. They come from large families, living in an atmosphere of privation and of constant quarreling and they have to guide them no ideals of home or of happy married life.

The Eugenics Review (London and New York) for January contains an interesting group of papers by men who favor Birth Control The group includes one by Roswell H Johnson one by Major Leonard Darwin, and one by A M Carr Saunders Dr Johnson in his paper on Mate Selection" counters the idea that laws against the dissemination of Birth Control information can be useful eugenically Major Darwin in his 'Observations on Fecundity" makes the point that the size of a family is no criterion of survival value

#### BOOKS RECEIVED

From Bon1 and Liveright New York SALOME OF THE TENEMENTS, by Anzia Yezierska

From the Macmillan Company New York, The Depopulation of Melanesia Edited by W H R Rivers

From National Woman Suffrage Association, HISTORY OF WOMAN SUFFRAGE, Vols V and VI, Edited by Ida Husted Harper

From John Wiley and Sons, Inc., New York VITAL STATISTICS by George Chandler Whipple

From G P Putnam's Sons New York, UP AND COMING by Nalbro Bartley

From Little Brown & Co, New York, BLACK OXEN by Gertrude Atherton

#### R C CHURCH AND BIRTH CONTROL

E SHOULD WATCH the evolution of the religious idea towards Birth Control Only a few years ago we bought a pamphlet in Westminster Cathedral by Father Keating, where he said that, no matter if people knew imbecile children only would be born to them, they must go on having children That was the old idea Once married, you must exercise no restraint whatever. It was ten years ago that this was on sale in the Westminster Roman Catholic Cathedral

But I have been hearing for some time past that the so called safe period was being allowed, and on Sunday I read in the Sunday Times that Father Degan said there were only three methods of Birth Control and they must be accord ing to the Christian code -

First, late marriage,

Second, the spacing out of births by periods of mutual continence.

Third, restriction by the less reliable means known as 'timed unions'

Thus even the Roman Catholic Church admits an important advance on the question. So important an advance is it that there are Anglican bishops, like the Bishop of South wark, who said he would not accept it That is Birth Con That is simply contraception There is no difference between that and the other methods of birth control which are more hygienic Father Degan, who was one of the speakers at the Deptford meeting, drew attention to my reference and endorsed it. It was the first time I have had a Catholic priest say, "Yes, Dr Dunlop is right, the Roman Catholic Church now allows this method of Birth Control "

I think no discussion of the moral and religious attitude would be complete without strong emphasis on that point, that the Roman Catholic Church has made a great advance on this matter, which is not even accepted by all Anglican bishops

DR B I DUNLOP

#### Birth Control as a Business Proposition

By Uldrick Thompson

FF YOU SHOULD ask a business man to invest his money I in your business venture, he would want to know at once at least two things First, what product do you propose to place on the market, Second, is there a demand for this product?

If you can convince him that the product will be of first quality, and that there is a ready market for the product, he will invest

Yet every year business men of Hawaii invest thousands in charities without asking what the product will be or in guiring about the market for the product

Why? Because this is the regulation thing to do

Suppose you should say to these same business men propose to produce diseased men and women, physically and mentally below the normal, unemployable men and women -degenerates Would they invest?

Every year some of the money contributed to charity is used to produce just such men and women,

Is this fair to the contributor?

Is it fair to society?

Is it fair to the product?

In short, is such a use of money a common sense business proposition?

#### **OUR CONTRIBUTORS**

Lawrence K Frank, Graduate of Columbia College, New York, Student of Economics

Howard E Jensen, Professor of Sociology, Butler College, Indianapolis, Ind

Raymond Pearl, Biologist, Professor of Biometry and Vital Statistics, School of Hygiene and Public HeHalth, Johns Hop kıns University, Baltımore Statistician, Johns Hopkins Hospital Specialist in research work on Genetics, Heredity and Biometry

Uldrick Thomson, Educator, Honolulu, Hawaii, now in California

TALK ABOUT OUTPUT! Listen to this little tale of mass production

Fifty years ago, there were no rabbits in Australia Then three rabbits were sent out from London

Forty years later twenty five million frozen rabbits and ninety six million rabbit skins were shipped to Europe from Australia.

Go to the rabbit, thou sluggard — The Efficiency Magazine

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By Margaret Sanger INTRODUCTION BY H G WELLS

Read Chapter II and decide for yourself whether or not the American Mother is a slave to enforced ignorance This Chapter on Conscripted Motherhood" describes the conditions under which mothers in America have to bear children

Do you believe these conditions are right?

What remedy would you suggest?
Is not Birth Control more fundamental than the pallia tives of government aid or charity?

THESE CHAPTER HEADINGS GIVE SOME IDEA OF THE CONTENTS OF THIS VITAL BOOK CONTENTS OF THIS VITAL BOOK

A New Truth Emerges
Conscripted Motherhood
Children Troop Down from Heaven
The Fertility of the Feeble Minded
The Cruelty of Charity
Neglected Factors of the World Problem
Is Revolution the Remedy?
Dangers of Cradle Competition
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BIRTH CONTROL REVIEW

104 Fifth Avenue

New York City

#### Financial Statement

	January 9	1923
Mrs Frances B Ackerman Treasurer,		
New York Women's Publishing Company, Inc	orporated,	
New York City		
Dear Madam		
We have made a detailed cash audit of the book	s and reco	rds of the
NEW YORK WOMEN'S PUBLISHING COMPANY	' INCORP	ORATED
for the year ended December 31 1922 and submit	the follows	ng report
The assets of the Company on December 31 19	22 were a	s follows
Cash		\$ 339 17
Inventory-Books and Pamphlets (Estimated)		1,000 00
Furniture and Fixtures		61 50
Goodwill		162 37
		\$1,583 04
which are represented by the following capital		•-,
Capital Stock Issued		\$8,850 00
Less Deficit		
Deficit January 1, 1922	<b>\$</b> 8,113 79	
Less Net Income, Year Ended December		
31, 1922	846 83	7,266 96
	<del></del>	\$1,583 <b>0</b> 4

The following is a statement of operations for the year under review

Advertising \_\_\_\_\_

Profit on Sale of Literature

Subscriptions and Sales\_\_\_\_\_\$ 6,659 62

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General	1 871 43	12 032 73	17,734 53
Miscellaneous Office and			
Taxes	10 00		
Printing and Stationery	947 42		
Advertising	239 63		
Office Salaries	<b>\$</b> 8 964 25		
General			
Folding and Mailing	322 39	\$ 5 701 80	
Cuts and Drawings	63 95		
Printing and Paper	<b>\$</b> 5 315 46		

Respectfully submitted

HURDMAN & CRANSTOUN

Certified Public Accountants

I SAY most emphatically that it is not right that children should be brought carelessly into the world, on the assumption that God will provide for them, if you have not taken all the proper means to see whether you yourself can bring these children up—Russell Wakefield, Bishop of Birmingham



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The greatest necessity to ensure happiness in the married condition is to know its obligations and privileges and to have a sound understanding of sex conduct. This great book gives this information and is absolutely reliable throughout.

Dr. P. L. Clark B.S. M.D. writing of this book says. As regards

Dr P L Clark B S MD writing of this book says As regards sound principles and frank discussion I know no better book on this subject than Bernard 8 Sex Conduct in Marriage I strong ly advise all members of the Health School in need of reliable in formation to read this book.

The following letter health School in need of reliable in formation to read this book.

advise all members of the Health School in need of reliable in formation to read this book

The following letter has been sent to "Clinical Medicine" by the famous physician Dr Thomas J Allen

T believe that the readers of 'Clinical Medicine' for whom I have written for twenty years will be glad to have their attention called to a book of more than ordinary ment that they will be glad to recommend to their patients especially to women married and in married. "Sex Conduct in Marriage" by Bernard Bernard Phys B M P C (Lond)

Of the scores of books on Sex that I have read I regard this as the best for the married or for those who expect to have that mis fortune thrust upon them It is written in the most dignified and chaste language gives much valuable information that any lay reader may readily understand and must have a large influence in ameliorating the unfortunate conditions that are so sadly common in wedlock as a result of ignorance and of the absence of the high ideals inculcated by the author

I am glad to recommend the book to all my readers

Sincerely and fraternally

"THOMAS J ALLEN MD"

"THOMAS J ALLEN MD"

I feel grateful but cheated writes one man Grateful for the new understanding and joy in living that has come to us cheated that we have lived five years without it.

#### SEX CONDUCT IN MARRIAGE

By BERNARD BERNARD Phys B, MPC., London Editor in-Chief of Health and Life

Answers simply and directly those intimate questions which Mr Bernard has been called upon to answer inumerable times before both personally and by correspondence It is a simple straight forward explanation unclouded by ancient fetish or superstition A few of the many headings are:

w of the many headings are:
When the Sex Function Should Be Used.
Sex Tragedies in Childhood.
The Consummation of Marriage.
The Art of a Beautiful Conception
Sex Communion
The Scientific Control of Conception.
Sex Fear Destroyed
The Frequency of the Sex Act.
The Initiation to Matrimony
Anatomy and Physiology of the Sex Organs
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